

I am living proof that buprenorphine treatment works.

Of all the treatments I've tried, buprenorphine is the only thing that worked for my opioid addiction. Now I'm in school, I go out to eat, to the movies—simple stuff—but the greatest joy is having a relationship with my daughters. I got back my life.

— Chelle



Opioid addiction treatment with methadone and buprenorphine is available in New York City.

If you or someone you know needs help, call **888-NYC-WELL** or visit nyc.gov/health/addictiontreatment for more information.

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Bill de Blasio
Mayor
Mary T. Bassett, MD, MPH
Commissioner

I am living proof that methadone treatment works.

I started using heroin when I was 20. I went from once in awhile to every day. When you wake up sick from withdrawal, all other needs and responsibilities are subordinate. It's only through methadone treatment that I was able to stop. Today, life is centered on my kids, my family, and my music. Methadone made it possible.

— Erik



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I am living proof that methadone treatment works.

I had a horrible addiction to heroin. I didn't really care if I lived or died. My family wanted me to change, but I didn't know how. I started methadone treatment. It's medicine. It helped me stop craving and taking drugs. Today I have my family. Every Sunday I cook at home. My kids and grandkids come to visit. Thanks to methadone treatment, I'm living life.

— Camille



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When I was 15 years old, I started using heroin and freebasing crack. That was the beginning of a very bad life. I was living on the street in a cardboard box. I started methadone treatment. It gave me the strength to say, “you can.” Now I have an apartment, a job, friends, and a girlfriend.

— Melvin



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I am living proof that buprenorphine treatment works.

I was using three or four bags of heroin a day. I hid it well, but it was taking a toll on my life and family. I tried to detox, but it never lasted. I heard about bupe and about a clinic where I could get treatment. Bupe helps me. I have a new job and I'm rebuilding family relationships.

— Joseph



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I was going through some stressful times, and sipping “lean” with my friends helped me cope. Eventually I got addicted. I didn’t know “lean” has an opioid in it. If I did, I wouldn’t have touched it. Now I’m getting buprenorphine treatment from my doctor. I don’t need “lean” anymore. I’m back to my regular life.

— Mitchell

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