SYRINGE SERVICE PROGRAMS: Q&A



What are syringe service programs* (SSPs)?

- SSPs are community-based organizations that provide access to sterile needles and syringes for free. They collect and safely dispose of used syringes and other drug equipment.
- SSPs also provide a range of health services, including:
 - o Overdose education and naloxone** distribution
 - HIV and hepatitis C testing and counseling
 - o Drug treatment counseling
 - Support groups and drop-in counseling
 - o Opioid addiction treatment with buprenorphine
 - Referrals to physical and mental health care, drug treatment, meals and showers

How do SSPs help the community?

- SSPs provide free and sterile syringes, and collect used ones, to prevent transmission of HIV, hepatitis C and other infections.
- SSPs create a welcoming environment to build trust and engage people who may not be welcome in other settings.
- Since SSPs were established in New York City (NYC), they have helped reduce HIV and hepatitis C among people who inject drugs.
 - HIV among people who inject drugs declined from over 50% in 1991 to 13% by 2001. By 2016, just 2% of new HIV cases in NYC were among people who inject drugs.
 - Hepatitis C among people who inject drugs in NYC dropped by 30% from 1990 to 2001.

**Naloxone is a safe medication that can save someone's life by reversing the effects of an opioid overdose.

^{*}Originally called syringe exchange programs, these programs were renamed to syringe service programs as the scope of work broadened to include a wide variety of health and social services. SSPs are funded and monitored by the New York City and New York State Health Departments.

Where can I find an SSP?

- There are 14 authorized SSPs across all five boroughs in NYC.
- For a list of SSPs in NYC, visit nyc.gov/health/map, click on "Drug and Alcohol Services" and then "Syringe Service Programs." Please contact the SSP directly for hours of operation, location and services provided.

Can anybody visit an SSP?

• Yes! All services are free of charge, offered anonymously, and available to all.

Aren't syringes illegal in NYC?

- No. People who visit SSPs receive a card that allows them to legally carry and exchange as many syringes as needed.
- Since October 2010, New York State law allows the possession of syringes that contain a small amount of drug residue.

I've seen more syringes on the ground than usual. Are SSPs responsible for this?

- No! SSPs reduce syringe litter by providing places to safely dispose of used materials; outreach staff also clean up syringes in the community.
- In fact, research shows that syringe litter decreases in areas where these programs are located.

Don't SSPs increase drug use?

 No! Syringe service participation actually leads to safer injection practices, reduced drug use, and participation in drug treatment.