

What's in your ashtray?



Quit to Save

Visit **nysmokefree.com** or call 866-NY-QUITS (866-697-8487) to apply for a free starter kit of nicotine medications and to talk to a quit coach.

If your preferred language is Chinese (800-838-8917), Korean (800-556-5564) or Vietnamese (800-778-8440), call the Asian Smokers' Quitline, Monday to Friday from 10 a.m. to midnight, or visit **asiansmokersquitline.org**.

