



### Typical illnesses and injuries treated at Montefiore Urgent Care:

Montefiore Urgent Care offers walk-in medical treatment with a wide range of on-site services like X-rays, EKG and laboratory tests.

- Allergy and asthma
- Bladder and urinary symptoms
- Coughs, colds and flu
- Ear and eye problems
- Muscle aches and pains
- Nausea, diarrhea, vomiting
- Pain - back, pelvic, stomach
- Skin rashes, bruises & bites
- Sprains and strains
- Strep and sore throat
- Upper respiratory infections



# Montefiore

Medical Group

Wait times at Montefiore Urgent Care are typically shorter than an emergency room visit. No appointment is needed and every attempt is made to see patients as quickly as possible. Our extended hours are meant to serve you when you need us most.

Visit [www.montefiore.org/mmg](http://www.montefiore.org/mmg) for a listing of Montefiore Medical Group locations.



# Montefiore

Medical Group

Montefiore Medical Group, part of Montefiore Medical Center, the University Hospital for Albert Einstein College of Medicine, has provided exceptional primary and specialty care since 1947.

[www.montefiore.org/mmg](http://www.montefiore.org/mmg)

Montefiore Medical Center  
is a registered 501c3  
MMG-6950

## Urgent Care

**No Appointment Needed**

Open 7 days a week

**Monday – Friday**

3:00 pm – 10:00 pm

**Saturday & Sunday**

9:00 am – 5:00 pm



## Why Montefiore Urgent Care?

When you need more than a first aid kit, but less than an emergency room, and your primary care provider is unavailable, Montefiore Urgent Care provides high quality care for non-life threatening illnesses or injuries.



### Who will provide your care?

Montefiore Urgent Care is staffed by skilled health professionals, including board certified physicians, nurses, and other support personnel. You will receive the highest quality care in a comfortable, supportive environment.

#### Key Features:

- Well designated patient exam rooms
- State-of-the-art equipment
- Comfortable waiting area
- On-site X-ray and EKG
- Laboratory and diagnostic testing

Montefiore Urgent Care services are available at Montefiore Medical Group Bronx East and Grand Concourse practices in the Bronx and Cross County practice in Westchester. Montefiore Urgent Care is open 7 days a week, 365 days a year to provide prompt medical attention.

### When to go to the emergency room?

For serious or life threatening situations, or if you are unsure of where to seek services, call 911 or go to the hospital emergency department.

Typical illnesses and injuries that should be treated in the emergency room include:

- Coughing up or vomiting blood
- Fractured or broken bones
- Major injury or burns
- Poisoning, call Poison Control 800-222-1222
- Severe shortness of breath
- Signs of heart attack, including chest pain
- Signs of stroke, such as blurred vision, slurred speech
- Suicidal or homicidal feelings
- Uncontrolled pain or bleeding

### When to contact your primary care provider?

You should contact your regular physician for annual physicals, insurance referrals, medication refills, back-to-work clearance or other routine health matters. We recommend that you follow up with your primary care provider on all services you receive through Urgent Care.

## Montefiore Urgent Care Locations:

### Montefiore Medical Group Bronx East

718-409-8888

2300 Westchester Avenue, Bronx, New York 10462



### Montefiore Medical Group Grand Concourse

718-960-1569

2532 Grand Concourse, Bronx, New York 10458



### Montefiore Medical Group Cross County

914-964-4111

1010 Central Park Avenue, Yonkers, New York 10704

