

5 Signs of a Healthy Relationship:



Your Partner...

- I. Treats you as an equal and respects you.
- 2. Asks your opinion and is comfortable with you having different opinions.
- 3. Apologizes when he/she is wrong and accepts your apology when you are wrong.
- 4. Does not feel threatened by your friendships with people of either sex.
- 5. Encourages you in your goals and dreams.

Help is Available! Call I-800-621-HOPE (4673) or 311

In an emergency, dial 911

For more information, visit www.nyc.gov/domesticviolence/academy



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5 Signs of an Unhealthy Relationship: •



Your Partner...

- 1. Calls/texts/IMs you constantly and/or checks your email without your permission.
- 2. Embarrasses or insults you in front of others.
- 3. Acts jealously and does not want you to spend time with oth-
- 4. Consistently criticizes your friends, clothes, or interests.
- 5. Threatens to commit suicide and/or hurt you if you break-up.

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