












MATERNAL MENTAL HEALTH MATTERS!

Helpful Info for Families: PMADs (Perinatal Mood and Anxiety Disorders)

	Scan	Click	
Hospital-Based Maternal Mental Health Services			Women’s Mental Health at New York Presbyterian
			Weill Cornell Reproductive Psychiatry
			Mount Sinai Women’s Mental Health
			Columbia University Irving Medical Center Women’s Program
			Audubon Clinic
			NYU Langone Reproductive Psychiatry Program
			Northwell Health Perinatal Psychiatry
			Zucker Hillside Women’s Behavioral Health
	Call Directly		Lenox Hill Hospital Reproductive Mental Health Program
		South Beach Psychiatric Center	917-565-8294
Perinatal Mental Health Support and Treatment Directories			Postpartum Support International
			Postpartum Resource Center of New York
Maternal Mental Health Support Groups			Postpartum Support International Peer-Led Support Groups
			Postpartum Resource Center of NY
			Brooklyn Parent Support



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Community-Based Perinatal Mental Health Services:				The Bridge Directory	
				Early Childhood Mental Health Network of the NYC Training and Technical Assistance Center:	
				NY Presbyterian Maternal and Child Integrated Mental Health Program	
				Macari Perinatal Intensive Outpatient Program, The Child Center of NY	
	Call Directly			ABC Fast Break Clinic (Bronx), Early Childhood Mental Health Consultation	929-288-4322
				Mosaic Mental Health	718-796-5300
				The Child Center of New York:	718-530-6892
				Park Slope Center for Mental Health	718-788-5101
				Hudson Guild	212-760-9822
				Blanton Peale Institute + Counseling Center	212-725-7850
				Puerto Rican Family Institute: Brooklyn	718-963-4430
				Puerto Rican Family Institute: West Village	212-924-6320
				Puerto Rican Family Institute: Bronx	718-991-5590
				The Bridge	212-663-3000
				GABI-Queens at Montefiore Medical Center	718-484-1301
				Staten Island Mental Health, a Division of Richmond University Medical Center	718-818-6727
		Association to Benefit Children, Fast Break – The Bronx	929-288-4320		
		Northside Center of Child Development	212-426-3400		
		University Settlement:	212-453-4522		
		The Child Center of New York	718-530-6892		
		The Jewish Board, Brownsville Child Development Center	718-372-3300		
		Ohel Children’s Home and Family Service	718-382-0045 ext. 6302		
PMAD Hotline/Helpline:	Call Directly		National Maternal Mental Health Hotline: 833-TLC-MAMA	833-852-6262	
			NY State PMAD Helpline	855-631-0001	

