

# BERS

Board of  
Education  
Retirement  
System

Securing your financial future today

Summer 2024



## 2024 FARMER'S MARKET NUTRITION PROGRAM

The Department for the Aging's Farmers' Market Nutrition Program (FMNP) is designed to provide eligible older New Yorkers with access to locally grown fruits, vegetables, and herbs. Those who are eligible are provided coupon booklets, worth \$25, which can be redeemed at participating farmers' markets, farm stands, and mobile markets. The program aims to promote improved nutrition through increased consumption of locally grown fresh fruits and vegetables, and improve sales at participating vendors.

### Eligibility Requirements

To receive coupons New Yorkers must be:

- 🍏 To participate, sign-up at the local older adult center or congregate meal site.
- 🍏 Older adults who meet the following eligibility requirements can apply for coupon booklets:
  - 🍏 60 years of age or older;
  - 🍏 Earning no more than:
    - 🍏 \$2,322 per month for a one-person household;
    - 🍏 \$3,152 per month for a two-person household;
    - 🍏 \$3,981 per month for a three-person household.

This year there are 350 distribution sites in New York City. To find the closest vendor to redeem your coupons, visit New York State's Department of Agriculture and Markets website.



For further assistance or information, calling Aging Connect at 212-AGING-NYC (212-244-6469). ■

## STAYING COOL AND SAFE THIS SUMMER

It's been quite the scorcher this summer but thankfully New Yorkers have access to 14 miles of beaches. NYC Beaches are open from Memorial Day weekend until September 8th.



### Did you know?

NYC Parks continues its free sunscreen program with 56 dispensers located at all eight beaches. Through the program, funded by the IMPACT Melanoma Foundation in the Bronx, Brooklyn, and Manhattan, and by Episcopal Health Services in the Rockaways, New Yorkers can protect themselves from long hours in the sun by easily applying the provided SPF 30 sunscreen. The foundation will also be providing sun safety information throughout the summer at select locations. While you cool off by the water remember to protect your skin and apply sunscreen before you go. Remember to reapply frequently throughout the day.

For more information on how you can keep cool with NYC Parks check out: <https://www.nycgovparks.org/about/health-and-safety-guide/cool-it-nyc>. ■

### PENSION PAYROLL CALENDAR DATES



### QUARTERLY STATEMENTS

BERS Retirees recently received their last printed quarterly statement. Retirees who need a copy of their previous quarterly statements can contact BERS Pension Payroll Unit by email at [pensionpayroll@bers.nyc.gov](mailto:pensionpayroll@bers.nyc.gov) to request a copy. Retirees can also contact our Call Center at 929-305-3800 or 800-843-5575 (outside of New York State) to request a copy. ■

### OFFICE CLOSED DATES



Monday, September 2nd  
Labor Day



Monday, October 14th

Indigenous Peoples' Day and Columbus Day





## UPDATING YOUR TDA?

Are you thinking about updating your TDA allocation? The deadline to make changes to where your contribution is invested (Fixed vs Variable) is 08/30/2024. Changes submitted by this date will go into effect on 10/1/2024.

You can change the way your future contributions and past contributions are invested between the Fixed and Variable Programs by filing a TDA Investment Change form with BERS or by making the change in the Member Self Service (MSS) portal. Contributions can be split between the Fixed Program and the Variable Program in whole number multiples of 5%. Your investment percentages to the Fixed and Variable Programs must add up to 100%. ■



### Service Center

65 Court Street, 1st Floor, Brooklyn, NY 11201

### Mailing Address

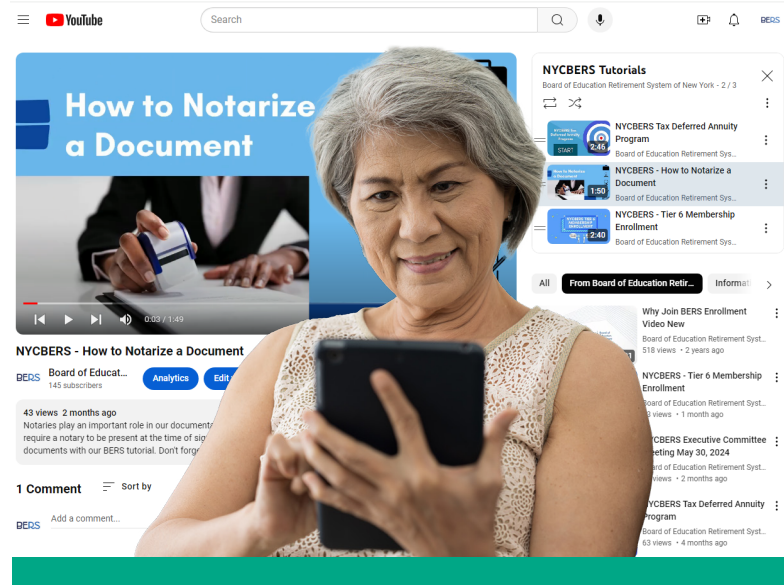
65 Court Street, 16th Floor, Brooklyn, New York 11201

### Executive Office

55 Water Street, 50th Floor, New York, NY 10041

## THERE'S A TUTORIAL FOR THAT

Looking to update your beneficiary information but you're not sure how to complete the form? Did your form get rejected because there was an error made by the Notary? BERS YouTube Channel is now featuring tutorials on how to complete forms and on the ins and outs of your pension plan. Make sure to hit subscribe so you can keep up with BERS latest tutorials.



Have a suggestion for what you would like to see? Send us a direct message through our social media channels. We love to hear from you! ■

### Call Center hours

Monday through Friday, 8:30 am to 4:30 pm

PH 929.305.3800 • 800.843.5575

Fax 718.935.3830 • 718.935.4124

Web [www.nycbers.org](http://www.nycbers.org)

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