



Breaking Bread, Building Bonds Hosting 101

TPS + B4: How To Host Slides

Part 1: Introduction from The People's Supper (Slides 1-6)

- ❖ *In this introduction video, learn all about the Breaking Bread, Building Bonds (B4) initiative and The People's Supper.*

Part 2: The "Logistics" of Gathering (Slides 7-10)

- ❖ *In this video, we talk about the "logistics" of your gathering—choosing a location, choosing food and planning your meal options, and how many people to invite!*

Part 3: Envision + Community Buy-In (Slides 11-16)

- ❖ *In this video, we talk about how you can envision your gathering—identifying who you want to gather with and why you want to gather together—along with how to get investment from community members.*

Part 4: The Invitation (Slides 17-22)

- ❖ *In this video, we discuss how to invite folks to your B4 gathering and what to actually include in that invitation.*

Part 5: Time for Dinner & Creating the Container (Slides 23-32)

- ❖ *In this video, we discuss day-of preparation for your gathering and how table hosts can feel ready to facilitate conversations.*

Part 6: Connect Around the Table (Slides 33-39)

- ❖ *In this video, we share some best practices around choosing questions that will guide conversations at your tables.*



Part 7: Host Facilitation Tips (Slides 40-47)

- ❖ *In this video, we share some best practices around how to facilitate conversations at your table and what to do if/when moments of tension arise amongst group members.*

Part 8: Reflect, Together (Slides 48-50)

- ❖ *In this video, we talk about the reflection process after a gathering and what next steps you can take as a community-based organization or table host to further connect with attendees and your broader community.*

📄 TPS + B4: Host Guide Template

- ❖ This printable host guide template includes an introduction question, a place for you to include your three discussion questions, a wrap-up question, and our Community Guidelines.

📄 TPS + B4: Hosting Reimbursement Guide

- ❖ This document provides information on who is eligible for a B4 reimbursement, along with step-by-step instructions on how to receive a reimbursement after your B4 gathering.

📄 TPS + OPHC: FAQs Page

- ❖ This document answers common questions asked by guest participants and host facilitators. For more information, you may also visit the Breaking Bread, Building Bonds [website](#).



TPS + B4: Human Rights Resources

- ❖ This printable document is provided by the The New York City Commission on Human Rights, with direct links and information for hosts and guests of Breaking Bread, Building Bonds gatherings to know their rights.

The People's Supper Office Hours

- ❖ ***Still have questions?*** The People's Supper will be hosting bi-weekly office hours to answer questions and support hosts as they envision and plan their own B4 gatherings.
- ❖ **Sign up for office hours [here!](#)** Unable to make it to our available times? Email us at **BreakingBread@cityhall.nyc.gov**