



## Social Services & Housing Committee Meeting **Minutes**

September 4<sup>th</sup>, 2018

**Board Members Present:** Rosemary Ordonez- Jenkins Chair of Committee, James Tynan, Daniel Porro, Angel Martinez, Kwabera Gabey, Nicholas Himidian Jr.

**Board Members Excused:** Justin Westbrook Lowery Vice-Chair of Committee

**Meeting Start Time: 7:00 P.M. Attendees of meeting introduced themselves.**

- **Introduction**

*Committee Description: The social service & housing committee represents the community's interests with regards to social services including senior services, disability, veterans and housing concerns and acts as a liaison between community members and the NYC Human Resources Administration, Department of Homeless Services, Department of Aging, New York City Housing Authority, and the Department of Health and Mental Hygiene. The Disability Sub-Committee is under this committee.*

- **Speakers/Presentations**

A. Chaplain Marisa Estrella, Worldwide Veteran and Family Services- **No show**

B. **Rogier Van Vlissingen, Plant Based Diet Presentation on NYC Health and Hospitals/ Bellevue and Brooklyn Borough President Eric L. Adams Announce Pilot Program for patients to adopt to a Plant-Based diet, reducing Risk for heart disease and diabetes (Packet Attached)** - Mr. Vlissingen states he now has the opportunity to do a cooking demonstration with Angela Vita from ShopRite for Board Members and community. Angela Vita dietician from ShopRite states that there is a large community space on the second floor that seats 40-50 people. Ms. Vita states with notice she can definitely plan the cooking demonstration. Mr. Himidian (chairman) states that a map would need to be drafted on how to get the community room in ShopRite. The committee decided for the demonstration to be on October 27<sup>th</sup>, 2018 from 12:00 PM to 2 PM. Ms. Vita states she can share recipes to everyone and do goodie bags as well. The committee also discussed that a yoga class will be held prior to the workshop on plant based living and everyone is welcome to attend.

C. **Health Workshop in Partnership with ShopRite Angela Vita-** Angela Vita works closely with YMCA, Glebe Senior Center and Kips Bay Boys and Girls club. Ms. Vita handed out a calendar (attached).

**Meeting Adjourned: 7:40 P.M.**