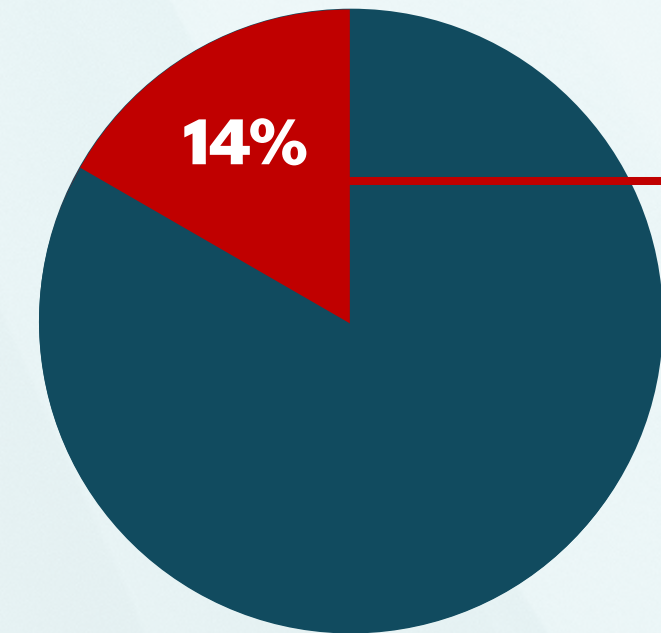




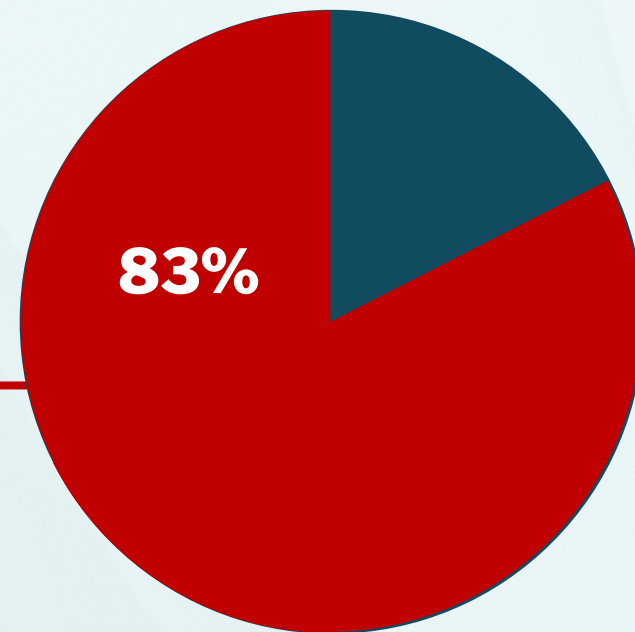
A Snapshot of HIV Among People Ages 50 and Older in NYC, 2023

Addressing the needs of older people with HIV is critical to ending the HIV epidemic in NYC. Due to advancements in HIV treatment and public health, more people ages 50 and older with HIV are now living longer, healthier lives.

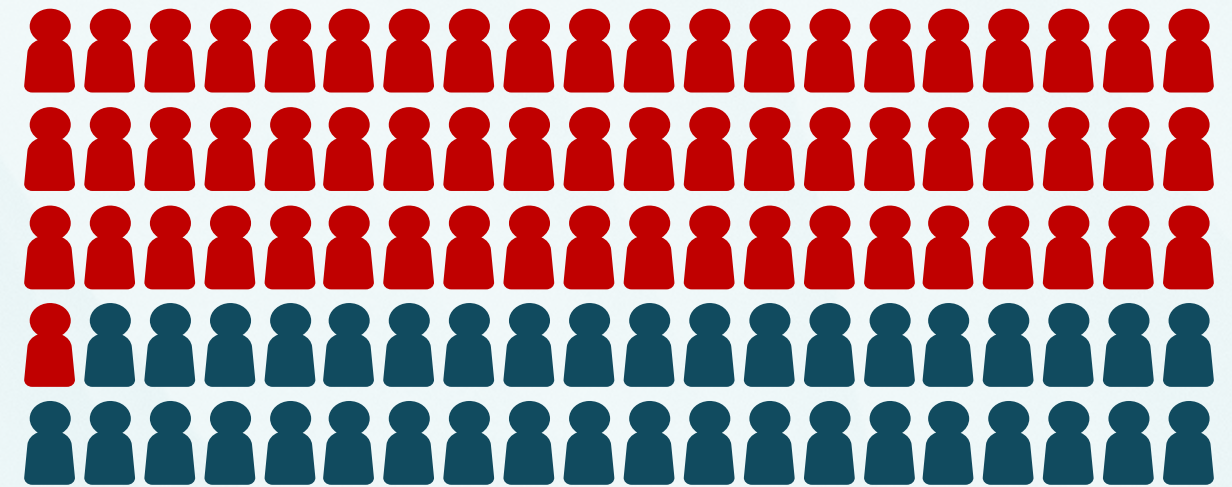


Of all people newly diagnosed with HIV in NYC in 2023, **14% were ages 50 and older.**

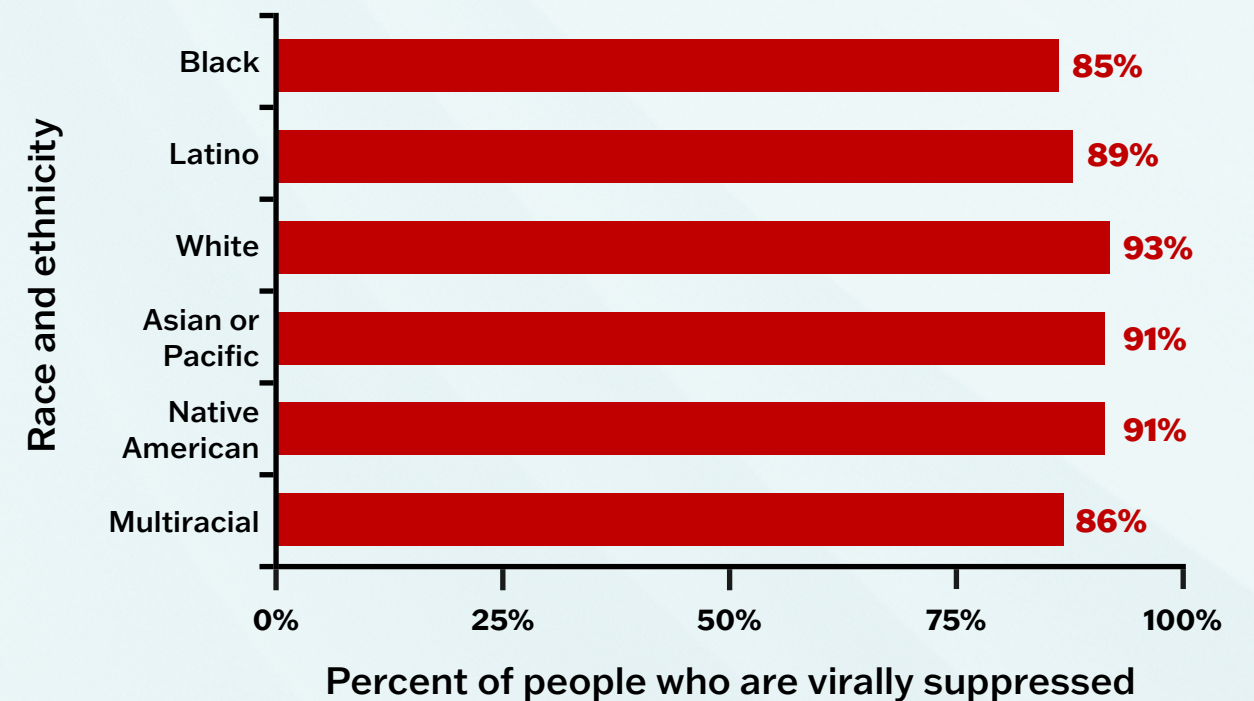
Of all people ages 50 and older newly diagnosed with HIV in NYC in 2023, **83% were Black or Latino.**



In 2023, **61% of people with HIV in NYC were ages 50 and older.**



In 2023, **88% of people ages 50 and older with HIV were virally suppressed**, though inequities in viral suppression existed across various racial and ethnic groups.



The Complex Needs of People Aging With HIV

- People with HIV may develop aging-related health conditions at a younger age.
- Side effects from taking HIV medicines with other medicines may occur more frequently in older people with HIV.
- Older people with HIV are at higher risk of poor bone health and have higher rates of cognitive decline, disability, depression, and other age-related health conditions compared with older people who do not have HIV.
- Cardiovascular disease, diabetes, kidney disease, and cancer occur frequently in older people with HIV.
- Older people with HIV may experience:



Healthy Aging With HIV

- It is important to receive regular follow-up care with a health care provider who is experienced in managing HIV and aging.
- Talk to your provider about your concerns with aging with HIV and the preventive screenings that may be important for you based on your individual health needs and medical history.
- HIV care and treatment services are available to all New Yorkers with HIV, regardless of their ability to pay or immigration status.
- To find a provider near you, call **311** or visit nyc.gov/health/map.

Additional Resources

- NYC Health Department: HIV webpage (nyc.gov/health/hiv), Sexual Health webpage (nyc.gov/sexualhealth), and Healthy Aging webpage (nyc.gov/health/healthyaging)
- NYC Department for the Aging: nyc.gov/dfta
- National Institutes of Health (NIH), HIV, and Older People webpage (hivinfo.nih.gov/understanding-hiv/fact-sheets/hiv-and-older-people)
- NIH National Institute on Aging: HIV, AIDS, and Older Adults webpage (nia.nih.gov/health/hiv-aids/hiv-aids-and-older-adults)
- Center for HIV Law and Policy (CHLP): Aging and HIV resources webpage (bit.ly/chlp-aging-hiv)

Know Your Rights

- The NYC Human Rights Law prohibits discrimination on the basis of age and HIV status in employment, housing, and public accommodations, including health care settings.
- If you believe you have experienced or witnessed discrimination, call:
 - **311** and ask for the NYC Commission on Human Rights
 - The NYC Commission on Human Rights directly at 212-416-0197
- For more information on protections against discrimination, visit nyc.gov/humanrights.