



Client

“I think that we know ourselves best as women. We know our bodies. I went to birthing classes. I learned that although you’ve had a C-section, that doesn’t cancel you from having a VBAC.”



Client

“I was really, really excited. It’s definitely a difference between how much time that you need after birth when you have a C-section versus when you have a vaginal birth.”



Doula

“The gratitude expressed by clients for the support they receive highlights the profound impact of emotional and physical care during their journey.”



Doula

“When we educate and prepare ourselves, we take control of our health and birth experiences, and that’s incredibly empowering.”



Midwife

“Education and inner determination are crucial for a successful VBAC. It’s important for the mind, soul, heart, and spirit to align with what the physical body is willing to do.”

Scan here for more information.



For providers



For patients