

# Learn the facts about your medicine

Myths	Facts
<b>I feel fine. I don't think I need medicine.</b>	<ul style="list-style-type: none"><li>• Feeling well does not mean your medical condition is cured.</li><li>• Conditions like high blood pressure, high cholesterol and diabetes can damage your body, even if you do not have symptoms and feel fine.</li><li>• When prescribed medicine for these conditions, keep taking it to prevent the condition from damaging your body over time.</li></ul>
<b>My numbers are good. I can take less or just stop taking it.</b>	<ul style="list-style-type: none"><li>• Even if your numbers get better, it's important to keep taking your medicine.</li><li>• Do not stop or take less of your medicine without talking to your doctor first.</li></ul>
<b>Generic medicine is not as good or as safe as brand-name medicine.</b>	<ul style="list-style-type: none"><li>• Generic medicines work just as well and are usually less expensive.</li><li>• All medicines, generic or brand-name, are reviewed for safety.</li></ul>
<b>Only my doctor can answer questions about my medicine.</b>	<ul style="list-style-type: none"><li>• You can ask your pharmacist questions, too.</li><li>• Pharmacists can help you take your prescriptions correctly and manage any side-effects.</li></ul>
<b>Taking medicine causes sexual problems.</b>	<ul style="list-style-type: none"><li>• Some medicines can cause sexual problems.</li><li>• Discuss concerns you have with your provider or pharmacist. Sometimes your medicine can be changed so you have fewer or no side-effects.</li></ul>
<b>I can always take over-the-counter medicine, herbal medicine, home remedies and supplements with my prescription medicine.</b>	<ul style="list-style-type: none"><li>• It is sometimes dangerous to mix prescription medicine with over-the-counter medicines, herbal medicines and supplements.</li><li>• Tell your doctor or pharmacist about everything you are taking.</li></ul>
<b>It doesn't matter how many different pharmacies I use to get my prescriptions.</b>	<ul style="list-style-type: none"><li>• Go to one pharmacy regularly so you can build an ongoing relationship with your pharmacist.</li><li>• Pharmacists are medicine experts. They can give you advice on how to take your medicine correctly, discuss side-effects and help you work with your provider if you are having any problems with your medicine.</li><li>• You can also ask your pharmacist to get all your medicine on the same refill schedule, which will help you manage your medicine.</li></ul>
<b>My medicine can be filled for only 30 days at a time.</b>	<ul style="list-style-type: none"><li>• Some prescriptions can be filled for longer periods of time, like 60 or 90 days.</li><li>• Speak with your doctor or pharmacist to find out what options you have.</li></ul>

**For more information on taking your medicine, talk to your health care provider or pharmacist.**