

Supplements or Remedies Found to Contain Lead, Mercury, or Arsenic

Listed below are some supplements that have been found to contain high levels of harmful metals. These include Ayurvedic medications prescribed or purchased over-the-counter in the United States or abroad. A product may contain high levels of one or more metals even if they are not listed as an ingredient on the packaging.

Supplements or Remedies Made in India

						
Abhrak Bhasma by Baidyanath	Agnitundi Bati by Baidyanath	Agnitundi Bati by Baidyanath	Arogyawardhini Bati by Baidyanath	Arogyavardhini Bati by Baidyanath	Arshoghni Bati by Baidyanath	Brahmi Bati by Baidyanath
						
Brahmi Bati (Buddhi Vardhak) by Baidyanath	Brihadwata Chintamani (Bhi.Ra) by Kumar Ayurvedic Drugs	Chandraprabha Bati (Enriched with Loha & Shilajeet) by Baidyanath	Chandraprabha Vati (B.R.) by Divya Pharmacy	Chitrakadi Bati by Baidyanath	Chitrakadi Bati (Enriched with Yavachar & Hing) by Baidyanath	Dhanwanthari Gulika by Aштavaidyan Thaikattu Mooss Vaidyaratnam Oushad
						
Gaisantak Bati by Baidyanath	Garbha Chintamani Ras (Vrihat) (Swarna Yukt) by Baidyanath	Garbha Dharak Yog by Vyas Pharmaceuticals	Garbhapal Ras by Shri Vishwamitra Ayurved Pharmaceuticals	Garbhapal Ras (Unknown Manufacturer)	Jamburulin by Unjha Ayurvedic Pharmacy	Kaishore Guggulu by Baidyanath
						
Kankayan Bati (Gulma) by Baidyanath	Kankayan Bati (Gulm) by Baidyanath	Lakshmilash Ras (Nardiya) by Baidyanath	Laxmi Vilas Ras (Nardiya) by Dabur	Laxmana Louh by Vyas Pharmaceuticals	Maha Sudarshan by Arya Aushadhi Pharmaceutical Works	Mahashakti Rasayan by Vyas Pharmaceuticals

DO NOT USE PRODUCTS WITH HIGH LEVELS OF METALS

If you use or have used these or similar products, ask your doctor to test you for lead and other heavy metals.

For more information call 311 or visit nyc.gov/hazardousproducts

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Mahayograj Guggulu (Enriched with silver) by Baidyanath	Marichyadi Bati by Baidyanath	Ovarin by Ban Labs Ltd	Pigmento by Charak Pharma Pvt. Ltd.	Praval Pishiti (Unknown Manufacturer)	Pregnota by Ajmera Pharmaceuticals	Rajahpravartini Bati by Baidyanath
						
Rajahprawartini Bati (Enriched with Hera Bola & Alua) by Baidyanath	Rajbati (Gandhak Bati) (Enriched with Gandhak & Sonth) by Baidyanath	Rasraj Ras by Baidyanath	Sanjeevni Vati by Divya Pharmacy	Saptamrit Lauh (Enriched with Mulethi & Lauh) by Baidyanath	Sariwadi Bati by Baidyanath	Shankh Bati by Baidyanath
						
Sorin by Research Drugs & Pharmaceuticals	Swarna Malini Vasant by Amrita Drugs	Vasant Kusumakar Ras with Gold & Pearl by Dabur	Vatvidhwansan Ras by Baidyanath	Vitisini (Unknown Manufacturer)		

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Supplements or Remedies Made in China and Hong Kong



Emperor's Tea Pill (concentrated)
by Lanzhou Traditional Herbs



Hepatico Extract (concentrated)
by Lanzhou Traditional Herbs
Lot No. 040804, exp. date 8/2009;
Lot No. 100105, exp. date 1/2010;
Lot No. 110604, exp. date 6/2009



Bo Ying Compound
by Eu Yan Sang (Hong Kong) Limited

Remedies from Dominican Republic and Mexico



Litargiro
(Remedy from Dominican Republic)



Tierra Santa or Panito del Señor
(Remedy from Mexico)

Remedy from West Africa



Nzu/Calabash Chalk

Supplement Made in United States



Vita Breath
by American Herbal Laboratories

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Supplements or Remedies Found to Contain Lead, Mercury, or Arsenic

FAQs

➤ How can I know if a product contains lead, mercury, or arsenic?

It can be difficult to tell the difference between safe and dangerous products. Lead, mercury, or arsenic may be present in supplements or remedies even if they are not listed as an ingredient on the product label.

➤ How does lead, mercury, or arsenic get into these products?

Lead, mercury, or arsenic may be intentionally added to some products for perceived therapeutic benefits or unintentionally added during manufacturing.

➤ How can lead, mercury, and arsenic affect my health?

Using supplements or remedies with high levels of lead, mercury, or arsenic can cause health problems. Exposure to these metals can damage the brain, kidneys, nervous, and reproductive systems. The higher the amount of metal present in a product and the more frequently the product is used, the higher the risk for harmful health effects. People who regularly use products found to contain high levels of metals are especially at risk.

➤ What should I do if I use remedies or supplements that may contain lead, mercury, or arsenic?

- **Immediately** stop using products found to contain high levels of these metals.
- Ask your doctor to test you for lead and other heavy metals. If you do not have a doctor, call 311 for help.

➤ What should business owners do if they sell supplements or remedies found to contain lead, mercury, or arsenic?

- **Immediately** stop selling and remove such products from store shelves and inventory.
- Call **311** to provide the health department with information on product suppliers.

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