

*"He's a quitter,
and I think that's sexy."*



**EVERYBODY
LOVES
A QUITTER.**

*"My buddy's a quitter.
Is he great, or what?"*



*"Dad's a quitter.
We knew he could do it!"*



THE NEW YORK CITY
DEPARTMENT OF HEALTH
and MENTAL HYGIENE

TOBACCO

TOBACCO QUIT KIT

TOBACCO QUIT KIT

This Tobacco Quit Kit was created to provide you with valuable tools and information to help your patients become, and remain, tobacco-free. We hope you use these materials and talk with your patient about quitting smoking.

CLINICAL TOOLS

- Smoking Questionnaire
- “Vital Signs” Chart Stickers
- Adult Preventive Care Flow Sheet
- Materials Order Form

INFORMATION FOR PROVIDERS

- *“Preventing 3 Million Premature Deaths and Helping 5 Million Smokers Quit: A National Action Plan for Tobacco Cessation”*
- *“Treating Tobacco Use and Dependence. A Systems Approach.”*
- City Health Information (CHI) — *“Treating Nicotine Addiction”*
- Pocket Guide CHI
- Health Bulletin #15 — *“Take Care New York”*
- Guide to Smoking Cessation Counseling Programs in New York City.

PATIENT EDUCATION MATERIALS

- Wall Poster
- Palm Cards
- Health Bulletin #2 — *“Be Tobacco-Free”*

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