



the *Fresh Air* fund



Free, Safe & Fun Summer Programs for NYC Kids

Since its founding in 1877, The Fresh Air Fund, a not-for-profit youth development organization, has provided free life-changing summer experiences in the outdoors to more than 1.8 million children from New York City's underserved communities. Young people also participate in year-round leadership, career exploration and educational programs.

SLEEPAWAY CAMP

At overnight camps in New York's Mid-Hudson Valley, children ages 8-15 explore the outdoors, learn to swim, hike wooded trails, and participate in activities that include sports, boating, art, music, leadership development, STEM and more.

Campers return home with more confidence, new skills and new friends.

- **Camp ABC:** Girls, 9-15 years old
- **Camp Hayden-Marks:** Boys, 9-12½ years old
- **Camp Hidden Valley:** Youth, 8-9 years old
- **Camp Mariah / Career Awareness Program (CAP):**
Rising 6th and 7th graders (includes year-round programming such as career exploration, job-shadowings, tutoring, book clubs and more).
- **Camp Junior:** Youth, 8-15 years old, from the Bronx
- **Camp Tommy:** Boys, 12½-15 years old



FRIENDLY TOWNS

Children ages 8-14 visit volunteer host families in small towns, and suburban and rural communities along the East Coast. Many families live in the tristate area. First time visits are for one week, and returners can stay for longer visits.

A visit is full of fun experiences like going to the beach, playing in the backyard, riding bicycles, barbecues, swimming and making new friends! Every host family goes through a rigorous screening process including a background check, home visit, interview and reference check.



Children must live and go to school in NYC and meet income eligibility requirements.

2023 SUMMER PROGRAMS SUBJECT TO CHANGE

Visit FreshAir.org to learn more!
(800) 367-0003 | apply@freshair.org

the *Fresh Air* fund
because a summer can last a lifetime™

