

Face Mask Guidance

Make sure to combine the use of a face mask with proper hand washing, avoiding touching your face, social distancing and other preventive measures. Please follow the guidance below to safely and properly use face masks.

How to Safely Put On Masks

- Before placing your mask on, clean your hands with soap and water or an alcohol-based hand sanitizer
- Both your mouth and nose should be covered and make sure there is no gap between your face and the mask
- Avoid touching the inside or outside of the mask while using it, only touch the straps or ties

N95/K95 Masks	Surgical Masks	Handmade/Cloth Masks
<ul style="list-style-type: none"> • Mask straps should be placed on the crown of the head (top strap) and the base of the neck (bottom strap) • Perform a seal check every time you put on the mask 	<ul style="list-style-type: none"> • Only use the mask loops to place the mask on the face • Hook the loops appropriately around your ears 	<ul style="list-style-type: none"> • Mask should fit comfortably against the sides of the face • Mask should be secured by ties or ear loops • Make sure that your mask allows for unrestricted breathing

How to Safely Remove Masks

- Remove your gloves if wearing any and wash your hands (with soap and water) or use an alcohol-based hand sanitizer before removing your mask
- Avoid touching the outside of the mask when pulling it away from your face, use the straps
- Clean your hands after removing the mask

N95/K95 Masks	Surgical Masks	Handmade/Cloth Masks
<ul style="list-style-type: none"> • Remove the bottom strap by touching only the strap and bring it carefully over the head • Grab the top strap and bring it carefully over the head 	<ul style="list-style-type: none"> • Only use the mask loops to remove the mask • Carefully unhook the mask from your ears 	<ul style="list-style-type: none"> • Carefully untie or unhook the mask from your ears

How to Safely Store and Clean Masks

- Place the used mask in a breathable container, such as a paper bag, between uses until a new mask is needed
- Change the mask when it is damp
- Wash your hands with soap and water or use an alcohol-based hand sanitizer after safely removing and storing your mask
- If using a handmade/cloth mask, routinely wash and dry the mask