## **EAP IS LISTENING**

Please read the attached flyer from the Employee Assistance Program (EAP) for more information regarding their safe and confidential services and how they can support you.

## NYC EAP can be reached:

Monday through Friday, 8am – 9pm

Email: <a href="mailto:eap@olr.nyc.gov">eap@olr.nyc.gov</a>

Phone (leave a message): 212-306-7660.

Please visit their website for more

information: <a href="https://www1.nyc.gov/site/olr/eap/eaphome.page">https://www1.nyc.gov/site/olr/eap/eaphome.page</a>