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| [Logo](http://www.nyc.gov/workwellnyc)  [**WorkWell NYC**](http://www.nyc.gov/workwellnyc) recognizes October as **Breast Cancer Awareness Month.** Breast cancer is one of the most common cancers in women of all races and ethnicities.[i](" \l "_edn1" \o ") Routine screenings are important in early detection and treatment of breast cancer since some women who have breast cancer do not have any signs or symptoms.     |  |  | | --- | --- | | **DID YOU KNOW?** | | | Image result for pink question mark icon | **Breast cancer killed more than 1,000 women in NYC in 2014.**[**ii**](#_edn1) | | Image result for pink question mark icon | **Screening can detect cancer early, when it is more treatable.   The United States Preventive Services Task Force recommends the following:**   * **Women who are 50 to 74 years old should get a screening mammogram every two years.** * **Women who are 40 to 49 years old should talk with their provider about when to start and how often to get a mammogram.**   **Ask your provider about the benefits and risks of breast cancer screening for you. You may have other risk factors that your provider will need to consider.** | | Image result for pink question mark icon | **Most health plans that insure NYC employees and their family members cover low- or no-cost preventative screenings.**   \*Anyone with signs or symptoms of breast cancer should talk with their doctor right away. |   [**WorkWell NYC**](http://www.nyc.gov/workwellnyc)wants you to work, live and be healthy. Take the necessary steps to get screened or to support your loved ones in getting screened. Please join [**WorkWell NYC**](http://www.nyc.gov/workwellnyc) tomorrow, October 21st in wearing **pink** in recognition of Breast Cancer Awareness Month.  i CDC Breast Cancer Statistics:<https://www.cdc.gov/cancer/breast/statistics/index.htm> ii Lu W, Huynh M, Lee E. Summary of Vital Statistics, 2014. New York, NY: New York City Department of Health and Mental Hygiene, Office of Vital Statistics, 2016. |