





COMMUNITY BOARD # 8 NEWSLETTER

DISTRICT OFFICE 197-15 Hillside Avenue Hollis, NY 11423-2126

197-15 Hinside Avenue Hollis, NY 11423-2126 Tel # (718) 264-7895 Fax # (718) 264-7910 E-Mail: qn08@cb.nyc.gov Website: www.nyc.gov/queenscb8

OFFICERS

CHAIRPERSON: Martha Taylor DISTRICT MANAGER: Marie Adam-Ovide 1st VICE CHAIR: Michael Hannibal 2nd VICE CHAIR: Seymour Schwartz 3rd VICE CHAIR: Stanley Weinblatt EXEC. SECRETARY: Carolyn Baker-Brown TREASURER: Harbachan Singh

CITY COUNCIL MEMBERS

Honorable Barry Grodenchik - 23rd District Honorable Rory Lancman - 24th District

BOROUGH PRESIDENT

Honorable Sharon Lee

STAFF Jatnna Reyes, Community Associate Izabela Szczepanska, Community Assistant

BOARD MEMBERS BY AREA

<u> Area 1 – Kew Gardens Hills</u>

Dr. Allen J. Bennett – CHAIR, Susan D. Cleary, Florence Fisher, Joshua Glikman, Bright Limm, Mitch Lisker, Jennifer Martin, Rabbi Shlomo Nisanov, Simon Pelman and Jacob Weinberg

<u> Area 2 – Briarwood</u>

Seymour Schwartz - CHAIR, Carolyn Baker-Brown, Allen Eisenstein, John Gebhard, Elke Maerz, Wendy Phaff, Mohammad Rahman, Charlton Rhee, Douglas Sherman and Albert Willingham

<u> Area 3 - Hillcrest Estates & Jamaica Hills</u>

Kevin Forrestal - CHAIR, Dilafroz Ahmed, Bhitihara-Martha Fulton, Fakrul "Delwar" Islam , Paul Lazauskas and Frances Peterson

<u>Area 4 – Flushing Heights, Flushing Suburban, Hillcrest</u> Jagir Singh Bains—CHAIR, Kenneth Cohen II, Steven Konigsberg, Dilip Nath and Dr. Penny M. Stern

<u>Area 5 – Georgetown Mews, Pomonok, Electchester, Flushing</u> <u>Mary Maggio – CHAIR</u>, Carolann Foley, Frank Magri, Rachele Van Arsdale and Stanley Weinblatt

<u>Area 6 – Utopia, Fresh Meadows, West Cunningham Park</u> Maria DeInnocentiis – CHAIR, James Gallagher, Jr., Robert Harris, Tami Hirsch and Tamara Osherov

<u> Area 7 – Jamaica Estates & Holliswood</u>

Howard Fried – CHAIR, Dr. Robert Block, Edward Chung, Howard A. Fried, Marc A. Haken, Michael Hannibal, Jesse Rosenbaum, Harbachan Singh, Martha Taylor and Mohammed Tohin

Are you counted? If not, go to:2020census.gov!

Community Board 8, Queens

(Webinar Meeting)

- The Minutes of the April 22, 2020 Board Meeting were unanimously approved by 35 members.
- <u>Community Board 8 Officer Elections</u>, Mary Maggio—Nominating Committee Chair In accordance with the By-Laws of Community Board 8, CB8 Officer elections were held for all positions.
 - Martha Taylor was re-elected Chairperson.
 - Michael Hannibal was elected 1st Vice-Chair.
 - Seymour Schwartz was re-elected 2nd Vice-Chair.
 - Stanley Weinblatt was elected for 3rd Vice-Chair.
 - Carolyn Baker-Brown was re-elected for Secretary.
 - Harbachan Singh was re-elected for Treasurer.

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The next CB8 meeting will be on <u>Wednesday, June 10, 2020</u> at 7:30 p.m. (*Via Webinar*) https://zoom.us/j/95136120432?pwd=N051Q3M5NWZ3UIBnU2tyYm96U3FSUT09 Minutes of Board Meetings are available on our website: <u>www.nyc.gov/queenscb8</u> within two weeks.

A Word from the District Manager ...

Dear Community Board 8 Resident:

After nine consecutive years of hosting a health fair at Cunningham Park, regrettably, we are unable to do host a health fair this year. We were so looking forward to having a blast for our tenth year. Hopefully, next year we will have an all inclusive event about health, fitness, youth activities and more. Stay tuned.

Please share this information with your friends and neighbors. It takes more than City Hall to make New York City great, it takes us all!

Sincerely,

Marie Adam-Ovide

(Continued from Page1)

<u>Honorable Councilman Rory Lancman</u> - CM Lancman informed us that the City Council had started their budget hearings via Zoom. It is estimated that the economy is projected to shrink by 6% and the private sector employment will shrink by 15%. They are trying to deal with a \$2.2B budget gap in this fiscal year and then an anticipated \$5B or more gap in Fiscal Year 2021 that starts on July 1st. He informed everyone that the Mayor proposed steep cuts within the budget especially things that effect kids. Along with other Council Members, they passed important bills protecting the restaurant industry and passed legislation to protect small businesses. They are also protecting both commercial and residential tenants from being discriminated against and harassed relating to COVID-19. They have been giving out masks throughout the district. He informed everyone that they were able to pause the bioswales. Tomorrow they are doing a virtual town hall meeting on civil legal services for people who might need assistance at 6:00 p.m. His office remains open (virtually), anyone can reach out via telephone: (718) 217-4969.

<u>Chairperson Martha Taylor</u> – She announced that District Manager Marie Adam-Ovide signed the agreement that is done every year. It was unanimously approved by the Executive Committee and Marie will stay with Community Board 8 for another year. She thanked Marie and welcomed her aboard for another year.

CB8 received a notice from DDC that they were going to start installing bioswales in Jamaica Estates. She stated that it was contradictory to everything that they agreed to do. She and Marie contacted several people and a few Elected Officials. By the end of the day it was decided that they will pause the construction until further notice. She stated that several residents stated that with the City's budget cuts, the bioswales should not be installed. The money for bioswales should be used for more important things. There were a few civic groups that were involved, they are all against these bioswales and the way it was done.

Jesse Rosenbaum, Transportation Committee Chair - Community Board 8 received a request from a member of the board to co-name the southwest corner of Utopia Parkway and Union Turnpike. The proposed co-naming is **St. John's Way** in honor of the University's 150th Anniversary. The Transportation Committee voted in favor of this co-naming. They received a letter of support from merchants. There were no opposition received from the residents.

Count in favor <u>34</u>

Opposed: <u>1</u>

Abstained: 0

Board Member against: Susan Cleary.

<u>Marc A. Haken, Budget Director</u> – A week or two ago the Beacon Program at the Parsons School, Middle School 216 and Forest Hills Community House had a town hall meeting. He was asked to draft a letter to the mayor asking to restore funds at least for some virtual summer youth employment jobs. He asked for the board's approval to send this letter. A copy of the letter was emailed to all Board Members.

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Count in favor <u>35</u>

Kevin Forrestal, **Census 2020 Committee Co-Chair** - Mr. Forrestal stated that despite of the COVID-19, the Census has had a great turnout so far. He announced that the telephone self-response has been extended and the door knocking campaign is expected to be done from July 31st to August 11th. There is a request for Congress to delay the Census Bureau requirement and to give the finer report to the Department of Commerce by the end of the year. There was a request for a 120-day extension.

Abstained:

0

Mr. Forrestal would like to see some real action (*i.e. To try to get a constitutional amendment to allow a more scientific approach to the census*). He stated that you can use sampling which is more accurate and would be a lot less expensive.

Health Minute with Dr. Penny Stern, Health Committee Chair:

Dr. Stern spoke about weight gain during quarantine. Staying at home 24/7 can bring on many challenges. Here are some tips to help avoid putting on excess weight during this time:

Opposed:

- Keep track of your daily eating habits. Choose three balanced meals a day. If you are hungry between meals plan one or two snacks, two or three hours apart from your meals.
- Home cooked meals are healthier. They are often lower in calories, fat, sodium and sugar.
- Avoid grazing [a nibble here, a nibble there...). That adds up and causes you to lose track of how much you are eating at the end of the day.
- **Eat mindfully.** That means before you eat something pause and ask yourself if you are physically hungry. If the answer is no find something else to do to distract yourself.
- Leave the junk food in the store. If you don't buy it, you can't eat it.
- Eat healthy snacks. The best snacks are fresh fruit, nuts, string cheese, whole grain crackers, yogurt with fresh fruit, etc.
- Stay hydrated. If you do not like water, try seltzer.
- There are a lot of hidden calories in alcohol. A lot of people have been drinking more than ever now that they are home. If you drink a lot, you will gain a lot. So be sure to limit how much alcohol you

VOTING BY ABSENTEE BALLOT

Under the Governor's Executive Orders:

To help prevent the community spread of COVID-19, all registered, eligible voters may apply to vote by Absentee ballot for the June 23, 2020 elections. Voters affected by COVID-19 including the risk of contracting the virus, should check the box "Temporary Illness" as the reason for requesting an Absentee Ballot. The definition has been temporarily expanded to include those affected by COVID-19 and/or the potential of contracting the virus. Go to: <u>https://nycabsentee.com/</u>

Apply online or mail your application by June 16, 2020 or apply in person by June 22, 2020.

For more information, please call 1-866-VOTE-NYC



Food Benefits for All NYC Public School Students Pandemic EBT (P-EBT)



Updated: May 22, 2020 / Visit bit.ly/CFAPEBT for updates and the latest version

What is Pandemic EBT (P-EBT)?

P-EBT is a program for families to buy food while students are learning from home. In NYC, every single public school student will receive \$420. Students in charter and parochial schools will receive P-EBT if their school participates in the federal school lunch program.

Can my child get P-EBT?

Every single NYC public school student, ages 2-21, regardless of income or immigration status will receive P-EBT. Benefits will be issued automatically. There is no application or documentation required and it does not affect eligibility for other benefits or public charge status.

When will my child get P-EBT?

Households enrolled in SNAP and/or Public Assistance (PA). Benefits will be added to current EBT cards. First Payment: \$193 (for March and April) by early June. Second Payment: \$227 (for May and June) by the end of June.

Households enrolled in Medicaid but not SNAP and/or PA. Benefits may be added to a Medicaid Common Benefit Identification Card (CBIC) and a PIN number will be assigned. One payment: \$420 (for March-June), around the end of June.

WAVE 3

WAVE 2

WAVE 1

Households <u>not</u> enrolled in SNAP, PA, or Medicaid. A card will be issued and mailed to the household for each student. One payment: \$420 (for March-June), beginning in July and August.



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Questions? Visit the NY State FAQs: bit.ly/P-EBT_FAQ Email: otda.sm.eisp.PEBT@otda.ny.gov

Check your P-EBT food benefits balance by visiting www.connectebt.com or by calling 1-888-328-6399

Why is the total amount \$420?

\$5.70 per student per day for 74 days to cover the days that schools will be closed in spring 2020, March 16-June 25.

March	\$68
April	\$125
May	\$119
June	\$108
	= \$420

Can we still get free grab-and-go at school meal hubs once we have P-EBT? Yes!

How do we use P-EBT?

The EBT card is like a bank debit card. You can use P-EBT to buy food at retail food stores, such as supermarkets and local stores. P-EBT food benefits are available on your EBT card for one year from the date they are issued.





COVID-19 TESTING IS AVAILABLE



Anyone with symptoms

Anyone who's been close to someone who tested positive And anyone who works in nursing homes, shelters or adult care facilities can now get tested.

Go to nyc.gov/covidtest to learn more.



Fact Sheet: Multisystem Inflammatory Syndrome in Children (MIS-C)

What is multisystem inflammatory syndrome in children?

Multisystem inflammatory syndrome in children (MIS-C) is a new health condition associated with COVID-19 that is appearing in children in New York City (NYC) and elsewhere. The syndrome was previously called pediatric multisystem inflammatory syndrome or PMIS.

MIS-C is like other serious inflammatory conditions such as <u>Kawasaki disease</u> and toxic shock syndrome. Children with MIS-C can have problems with their heart and other organs and need to receive medical care in a hospital.

MIS-C is a rare condition. However, because children with this syndrome may become seriously ill, it is important that parents know the signs and symptoms their children may have, so they can get help right away.

What are the signs and symptoms of MIS-C?

Most children have fever (temperature of 100.4 degrees F or 38.0 degrees C or greater) lasting several days, along with other symptoms.

Other common symptoms include:

- Irritability or decreased activity
- Abdominal pain without another explanation
- Diarrhea
- Vomiting
- Rash

- Conjunctivitis (red or pink eyes)
- Poor feeding
- Red, cracked lips or red, bumpy tongue that looks like a strawberry
- Swollen hands and feet, which might also be red

When should I call my child's doctor or get emergency care?

Call your child's doctor immediately if your child has a persistent fever plus any of the above symptoms. The doctor will ask about the symptoms your child has and use that information to recommend next steps. If your child is severely ill, go to the nearest emergency room or call **911** immediately.

Is MIS-C contagious?

MIS-C is not contagious, but it is possible that your child has COVID-19 or another infection that may be contagious. This is why hospitals will take infection control measures when treating your child.

Is there a treatment for MIS-C?

Currently, children with MIS-C are being treated with different therapies, including medications targeted at the body's immune system and inflammatory response. Children may receive other medications to protect their heart, kidneys and other organs.

How can I prevent my child from getting MIS-C?

You should take steps to prevent your child from being exposed to COVID-19. Face coverings, hand hygiene and physical distancing are the best ways to prevent COVID-19. Children with underlying medical conditions can be at higher risk for poor outcomes of COVID-19, making prevention measures even more important.

The NYC Health Department may change recommendations as the situation evolves.

5.18.20



OFFICE OF THE QUEENS BOROUGH PRESIDENT CITY OF NEW YORK SHARON LEE - ACTING PRESIDENT



Queens Borough President Sharon Lee in partnership with

Child Center of NY, Council for Airport Opportunity, NYC Health + Hospitals, Queens Centers for Progress, Queens College, U.S. Census Bureau, US Open, WATCH GUARD 24/7, Workforce1 Career Center, and Young Adult Institute present the

Virtual Queens Jobs Recruitment Fair

Wednesday, June 3, 2020 2:00 - 3:30 PM

Ask questions and learn about jobs available now in essential services.

RSVP by Tuesday, June 2 at www.queensbp.org/RSVP

to participate in the webinar.

STAY CONNECTED





us open





YAI -

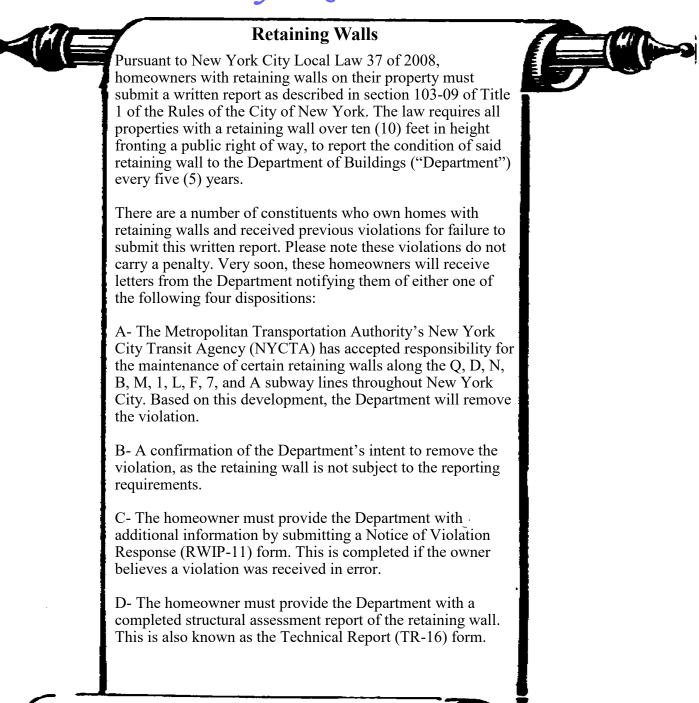
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As New York City Residents we must obey a gamut of regulations. We realize that most residents want to do the right thing and obey the rules. However, they often break them, as they are **unaware** of their existence. So...

Did you know????



LIQUOR LICENSE APPLICATION (S)

• None received.

<u>REMINDER</u>

Any complaints about establishments with liquor licenses should be sent to Community Board 8 <u>in writing</u>. Unless a signed, <u>written</u> notification is received at our office, we cannot follow up. You must also include your address and telephone number.

CITY PARKING RULES

The City suspends alternate side parking regulations for both street cleaning purposes and traffic flow, on legal and/or religious holidays.

Alternate side parking has been suspended UNTIL June 7, 2020 Parking meters are still in effect.

DEMOLITION NOTICE/VACATE ORDER



NONE RECEIVED THIS MONTH

Community Board 8Q

The Jamaica Estates Association

Mask Distribution



Sunday, June 7, 2020



Cunningham Park (Near Parking Lot)

196th Place & Union Turnpike

10a.m. - Noon

Cover your mouth and nose. Wash your hands. Maintain social distancing!

Happy Father's Stay at Home!						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7 Trinity Sunday	8	9	VIRTUAL Board Meeting 7:30 p.m. Visit our website for more Information.		12	13
14	15	16	17	18	19	20
FLAG DAY					JUNETEENTH Celebrate Freedom	Summer solstice
21 Happy FATHERS DAY	22 <u>Reminder</u> Mail your absentee ballot!	23	24	25	26	27
28	29	30				

"Any fool can have a child. That doesn't make you a father. It's the courage to raise a child that makes you a father." Barack Obama