



# October

## COMMUNITY BOARD # 8 NEWSLETTER

### DISTRICT OFFICE

197-15 Hillside Avenue  
Hollis, NY 11423-2126  
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E-Mail: [qn08@cb.nyc.gov](mailto:qn08@cb.nyc.gov)  
Website: [www.nyc.gov/queenscb8](http://www.nyc.gov/queenscb8)

### OFFICERS

**CHAIRPERSON:** Martha Taylor  
**1st VICE CHAIR:** Michael Hannibal  
**2nd VICE CHAIR:** Seymour Schwartz  
**3rd VICE CHAIR:** Mary Maggio  
**EXEC. SECRETARY:** Bhitihara- Martha Fulton  
**TREASURER:** Harbachan Singh  
**BUDGET DIRECTOR:** Marc A. Haken

### CITY COUNCIL MEMBERS

Honorable Linda Lee - 23rd District  
Honorable James Gennaro - 24th District

### BOROUGH PRESIDENT

Honorable Donovan Richards

### STAFF

**DISTRICT MANAGER:** Marie Adam-Ovide  
Jatnna Reyes, Community Associate  
Sandra Aikens-Williams, Community Assistant

### BOARD MEMBERS BY AREA

#### Area 1 – Kew Gardens Hills

**Mitch Lisker** – CHAIR, Heather Bennett-Idels, Susan D. Cleary, Jennifer Martin, Yaniv Meirov, Rabbi Shlomo Nisanov, Simon Pelman and Jacob Weinberg

#### Area 2 – Briarwood

**Seymour Schwartz** – CHAIR, Solomon Davydov, Allen Eisenstein, John Gebhard, Wendy Gennaro, Elke Maerz, Mohammad Rahman, Charlton Rhee and Douglas Sherman

#### Area 3 – Hillcrest Estates & Jamaica Hills

**Kevin Forrestal** – CHAIR, Dilaafroz Ahmed, Bhitihara-Martha Fulton, Ahsan Habib, Mohammed "Delwar" Islam, Paul Lazauskas, Hersh Parekh and Frances Peterson

#### Area 4 – Flushing Heights, Flushing Suburban, Hillcrest

**Dr. Penny M. Stern** – CHAIR, Kenneth Cohen II, Steven Konigsberg, and Dilip Nath

#### Area 5 – Georgetown Mews, Pomonok, Electchester, Flushing

**Mary Maggio** – CHAIR, Neeta Jain, Deepti Sharma, Tamika Williams-Moore and Emanuel Yllescas.

#### Area 6 – Utopia, Fresh Meadows, West Cunningham Park

**Maria DeInnocentiis** – CHAIR, James Gallagher, Tami Hirsch, Alan Ong, Tamara Osheroov and Amy Tse.

#### Area 7 – Jamaica Estates & Holliswood

**Howard Fried** – CHAIR, Dr. Robert Block, Edward Chung, Marc A. Haken, Michael Hannibal, David Mordukhaev, Jesse Rosenbaum, Harbachan Singh, Martha Taylor and Mohammed Tohin.

*October is LatinX Heritage Month!*

## September Community Board Public Hearing/Meeting (recap) 183-02 Union Turnpike Fresh Meadows

- The Minutes of the June 8, 2022, Board Meeting were unanimously approved by 33 members.
- **Martha Taylor, Chairperson's Report** - The Executive Board met with Commonpoint Queens. This is the agency that will be providing services at the community center at the T-Building. The construction is about 60% done. They anticipate having the ribbon cutting ceremony at the end of October. They will have programs for 5-year-olds and up. Programs and amenities include and are not limited to: a kitchen for culinary arts, training labs, job placement, mental health clinic, digital food pantry, fitness classes and a conference room for meetings.

The Community Board is in discussion with them about offering more programs for senior citizens and adults. They do not have parking on site, but they will have bike racks. The agency will also have a fleet of busses that could be used to get to their location.

*(Continued on Page 2)*

Next Public Hearing/Meeting will be held on the **fourth** Wednesday this month.

**Wednesday, October 26, 2022 at 7:30 p.m.**

Minutes of Board Meetings are available **usually** within two weeks.

## A Word from the District Manager

Dear Resident,

Many are concerned about the resurgence of Polio in New York State. I am sharing the information below courtesy of Maritza Rico, Intergovernmental Affairs Liaison, from the NYC Department of Health and Mental Hygiene about Polio prevention.

The most important way for children and adults to protect themselves from polio is to get vaccinated right away, if they have not received all recommended polio vaccine doses. Children should get four doses of poliovirus vaccine, starting at 2 months old. People starting the vaccine series after age 4 should receive a total of three doses.

Most adults in the U.S. do not need to be vaccinated against polio again because they were already vaccinated as children. People who were vaccinated as children and plan to travel to a country where there is a risk of exposure to poliovirus should get a one-time booster.

Is the Polio Vaccine safe and effective? In the U.S., you receive the inactivated polio vaccine. This vaccine is safe and effective. Side effects are mild, including soreness of the arm or leg at the injection site. The vaccine cannot give you polio or cause paralysis. If you or your child are not vaccinated yet, talk to a health care provider. If you do not have a provider, call 311 or 844-NYC-4NYC (844-692-4692) for help finding one.

Please share this information with your friends and neighbors. **It takes more than City Hall to make New York City great, it takes us all!**

Sincerely,

*Marie Adam-Ortiz*

*(Continued from Page 1)*

**Guest Speaker:**

**Chief Kevin Williams, Borough Commander, Queens Borough South, NYPD** – Chief Williams stated that there has been a reduction in shooting violence throughout the borough. There is also a 20% reduction in crime. They continue to combat gun violence. In Queens South, they are up by 30% in overall crimes.

Patrol Borough Queens South took an aggressive approach in combating overnight commercial truck parking. They had a pilot program shared with other precincts. As a result, they issued 1,100 summonses, 148 booted commercial truck tires and towed over 100 large commercial trucks. He thanked the Department of Sanitation and the Department of Transportation for their support.

**Guest Speaker:**

**Deputy Inspector Kevin Chan, 107<sup>th</sup> Precinct, NYPD** – D.I. Chan provided us with statistics for the end of summer in our district. There were three (3) shootings in Pomonok, three (3) shootings at the end of July, two (2) shots fired (*not gang related, believed to be domestic violence*). Robberies, assaults, and social media robberies are up. He asked everyone to be aware of scams (*i.e. social media, credit cards, IRS, etc.*).

(Continued from Page 1)

**Informational Hearing:**

**Birch Family Services – Proposed Group Home – 138-07 Coolidge Avenue in Briarwood –** They will have an Individual Resident Alternative (IRA) for six persons with autism and moderate developmental disabilities. This program is funded by the NYS Office for People with Developmental Disabilities (OPWDD). The residence will be staffed 24/7 with management staff present 7-days a week. They will have their own bedrooms, a robust kitchen to facilitate culinary training, laundry room, discreet common areas for leisure activities, a nice deck and backyard.

**Community Board 8 has taken a stand many years ago and does not vote on group homes for people with disabilities, as it would conflict with the Federal ADA guidelines.**

**Public Hearing:**

**FY’ 24 Capital & Expense Budget, Marc A. Haken, Budget Director –** a hearing was held to solicit new items to be added to the Capital & Expense Budget for Fiscal Year 2024. The Capital & Expense Budget Committee will meet on October 24, 2022, at the CB8 Office to prioritize these requests for our community district [written budget submissions received were added to our list].

**Committee Reports:**

**Health Minute with Dr. Penny Stern, Health Committee Chair –** Dr. Stern was unable to attend the meeting. A written report was provided (see Page 8).

**ST. JOHN'S UNIVERSITY**

**Celebrate Italian Heritage & Culture Month**  
at the  
**Columbus Day Parade**  
Monday, October 10, 2022

Please join us on our University float as we participate in the parade.

Meet up location will be confirmed one week before the parade.

Parade will march up Fifth Ave. to 72nd. St.

Sponsored by:  
The Italian Cultural Center  
St. John's University

To reserve your spot please contact us at:  
718-990-1941  
italianculturalcenter@stjohns.edu

Fire Safety week starts on October 9, 2022!

Do you have an escape plan?

**FDNY Smart**

**Create and Practice Your Escape Plan**

To get tips on how to so, go to:  
<https://www.fdnysmart.org/fdnysmart-tip-escape-plans-2/>



# What's Happening Here?

Expand Sidewalks

Calm Traffic

Homelawn St. and Grand Central Pkwy.  
Pedestrian Safety Improvements

Enhance Accessibility

Shorten Pedestrian Crossings

NYC DOT will implement pedestrian safety improvements at Homelawn St. and Grand Central Pkwy.:

- Construct concrete curb extensions on the northeast and southeast corners
- Reconstruct pedestrian island to make it accessible

Implementation starts October 2022



For additional information about this project, contact the NYC DOT Queens Borough Commissioner's Office at [212.839.2510](tel:212.839.2510) or visit our website: [nyc.gov/dot](https://nyc.gov/dot)

To sign up for NYC DOT updates, visit: [nyc.gov/dotnews](https://nyc.gov/dotnews)

VISION  
ZERO  
Building a  
Safer City



NYC  
311

# Hurricane Season Tips!

Five tips from **Con Edison** as the fall season can bring hurricanes and severe weather conditions for communities across Queens, and New York:

## 1. **Life Support Equipment**

We need to know if a customer uses life-support equipment, so we can contact them in case of an emergency or power outage. Even if the customer does not receive a bill from us- for example, because electric is included in their rent - it is still important to let us now.

To register for Special Accommodations go to:

<https://www.coned.com/en/accounts-billing/payment-plans-assistance/special-services>

## 2. **Tree trimming & power restoration after a storm**

While the Parks Department is responsible for tree maintenance, Con Edison removes branches that could pose a danger to electric lines. In some cases, fallen trees and branches can also interrupt service. We work with the Parks Department to safely detangle wires from fallen trees. Here's info on our electric line clearing program - General Tree-Trimming FAQ <https://www.coned.com/en/services-and-outages/preventing-recovering-from-outages/tree-trimming/tree-trimming-faq>

We also produced an animated short video explaining the process for restoring power after a storm - How Power is Restored After a Storm:

[https://www.youtube.com/watch?v=u\\_AOSPrS9-o](https://www.youtube.com/watch?v=u_AOSPrS9-o)

## 3. **Gas customers**

If you are a gas customer of Con Edison, to ensure safety, there are instances where service may be turned off to prevent flood waters from entering the gas line. Customers are required to hire a licensed master plumber to complete the gas safety process and for restoration. Here are some facts about the process - How to Get Your Gas Back:

<https://www.coned.com/en/services-and-outages/preventing-recovering-from-outages/repairs-after-outages/how-to-get-your-gas-back>

## 4. **Point of contact for elected officials and community boards**

Elected Officials and Community Boards are asked to designate at least one person who will receive information from Con Edison and for coordination in the event of an emergency.

## 5. **Status updates**

Our public website remains the easiest way to get close to real time service updates with estimated restoration times, [www.coned.com/outagemap](http://www.coned.com/outagemap). As usual, we will arrange a conference call if a serious weather condition is approaching that poses a risk to Con Edison customers and infrastructure. In those events, we coordinate with NYC Emergency Management for an integrated, citywide response.

# Hey Queens, Get your FREE Compost Bin



Saturday, October 1st  
9:00am - 12:00pm  
...es last.

Archie Spigner Park

Donovan Richards Jr.  
QUEENS BOROUGH PRESIDENT

sanitation

**Can't make it on Saturday, October 1, 2022 to get a FREE bin?**

*You can use your regular garbage bin to dispose of the composting material provided that it is labelled. Stop by Community Board 8's office [197-15 Hillside Ave in Hollis] and pick up the decals to affix on your regular bin (s).*

**Call ahead (718) 264-7895 and we will have them ready for you.**

107 PRECINCT COMMUNITY COUNCIL  
YCO'S & COMMUNITY AFFAIRS  
PRESENTS

# TRUNK OR TREAT

COME JOIN US FOR FREE FOOD, GAMES &  
ACTIVITIES



CONTACT

PO MCCARTHY 917-704-6897

PO GORMAN 929-270-6439

**OCT 22**

**10AM TO 2PM**

**CUNNINGHAM PARK**

**UPPER LOT**





## Did you know that September is Healthy Aging month?

*By Dr. Penny Stern, Health Committee Chair*

If there's one thing many of us have in common, it is a desire to stay young. **But what, exactly, is staying young?** Is it really just a matter of aging gracefully? Is it managing to avoid the chronic illnesses that beset so many people later in life? It's been suggested that staying young involves these elements:

**Planning to stay young; consuming the 'right' diet; exercising, keeping the mind sharp; being optimistic and positive.**

Part of feeling and remaining young includes making a conscious effort to continue doing the things that we love to do, throughout our lives. Setting goals and applying them to the things that make you happy – whether it is travel or spending time with loved ones or even pursuing a new career will help keep us young. **The right diet** means the right diet for you – a diet that is rich in plant-based meals, fruits and vegetables, and low in saturated fats. Avoiding sugar and processed foods is also key. Trans fats are also a no-no. Use mono-unsaturated fatty acids like olive oil, canola oil, flaxseed and safflower oil, as well as olives, avocados, nuts and seeds.

**Exercise** of all kinds will help preserve your heart health and your brain health. 150 minutes a week will keep your heart healthy, help prevent stroke and increase endurance. It's also a great mood elevator. Keeping the mind sharp means continuing to engage in all manner of cognitive activities, from word games, to chess, bridge, reading, playing musical instruments, learning new skills and hobbies - anything that keeps the mind active and engaged.



Finally, thinking positive is important. Be optimistic and upbeat. Optimists are happier; they also look – and feel - younger! Don't forget to laugh and have fun! Those who are enjoying themselves live longer, healthier, and happier lives.





HAUP AND HANA PRESENT

# COMMUNITY WELLNESS DAY

**OCTOBER 1, 2022**  
**11AM- 3PM**



H.A.N.A.  
Greater NY, Inc.

209-05 Jamaica Avenue • Queens Village

**HEALTH SCREENINGS ALL DAY**

**SPECIAL ACTIVITIES FOR SENIORS 3PM- 6PM**  
**ZUMBA • GAMES • HEALTHY EATING TIPS**

**MOVIE SCREENING OF "I LOVE YOU ANNE"**



## ***Did you know?***



### **What To Recycle: Food & Yard Waste**

For entities that receive NYC Organics Collection, the following materials may be separated from household, agency, and institution garbage and set out for food and yard waste recycling collection (also in different receptacles than the mixed paper and cardboard recycling, and the metal, plastic, glass, and carton recycling):

#### **All Food**

- vegetables and fruit, nuts, cereal, meat, fish, and bones
- pasta and rice, baked goods, dairy products, prepared foods
- eggs and eggshells, flour and grains

#### **Food-Soiled Paper**

- paper towels, brown paper bags, coffee filters and tea bags
- paper plates, napkins, paper food boats and trays

#### **Leaf & Yard Waste**

- lawn and leaf waste, yard waste, grass clippings
- garden trimmings, leaves.

### **Heat and Hot Water - NYC**

According to the Department of Housing Preservation and Development, “heat season” occurs from October 1st through May 31st every year. Between the hours of 6 a.m. and 10 p.m., landlords must provide heat. That heat must register at least 68 degrees Fahrenheit when the outside temperature falls below 55 degrees; between 10 p.m. and 6 a.m., heat must register at least 62 degrees Fahrenheit.

Hot Water must be provided 24 hours a day and 365 days a year. That hot water must register at or above a constant temperature of 120 degrees at the tap. If a tub or shower is equipped with an anti-scald valve that prevents the hot water temperature from exceeding 120 degrees, the minimum hot water temperature for that tub or shower is 110 degrees.



# LIQUOR LICENSE NOTIFICATIONS

- ◆ **Compass Group USA, Inc.**  
St. John's University  
81-80 Utopia Parkway in Jamaica  
**Renewal- Full License Application & Temporary Permit**
- ◆ **Fitz J Group, Inc. d/b/a Pre Game**  
178-23 Hillside Avenue in Jamaica  
**Renewal - Full License Application**
- ◆ **A Small Dream — d/b/a TBA**  
138-59 Queens Boulevard in Briarwood  
**NEW - Full License Application**
- ◆ **Crust on J — d/b/a The Upper Crust**  
67-11 Main Street in Flushing  
**Renewal - Full License Application**

*Any complaints about establishments with liquor licenses should be sent to Community Board 8 **in writing**. Unless a signed, written notification is received at our office, we cannot follow up. You must also include your address and telephone number.*

## DEMOLITION NOTICE

- **No Demolition Notice (s) Received**
- **New Construction - As-of-right**  
142-26/30 84th Road - Seven-story residential building



## CITY PARKING RULES

The City suspends alternate side parking regulations for both street cleaning purposes and traffic flow, on legal and/or religious holidays.



Yom Kippur .....Wed., October 5th  
**Columbus Day\* .....Mon., October 10th**  
 Succoth.....Mon.-Tues., October 10th & 11th  
 Shimini Atzereth..... Mon., October 17th  
 Simcha Torah.....Tues., October 18th  
 Diwali.....Mon., October 24th

**Parking meters are still in effect, except for  
 \*Major Legal Holidays.**



## sanitation

### Queens Safe Disposal Event

**Saturday, October 8, 2022**

**10:00 a.m. to 4:00 p.m.**

**Cunningham Park**

Ball Field Parking Lot  
 Cars should enter on Francis Lewis Blvd between  
 Union Turnpike & Grand Central Parkway  
 Walk-in area available  
 for residents taking public transportation

This event gives city residents an easy way to safely dispose of potentially harmful household products (*i.e. solvents, automotive, flammables, and electronics*).



# October 2022

## Community Board 8, Queens

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 Transportation Cmte. Mtg. 7:30 p.m. CB8 Office 197-15 Hillside Ave	4	5	6 Area 2 Cmte. Mtg. 7:00p.m. CB8 Office 197-15	7	8
9	10 Columbus Day We're closed! 	11 	12	13	14	15
16	17	18 Liquor License Comte. Mtg. CB8 Office 197-15 Hillside Ave 7:30 p.m.	19 Executive Mtg. 7:30 p.m. CB8 Office 197-15 Hillside Ave	20 Area 6 Cmte. Mtg. 7:00p.m. <hr/> Area 7 Cmte. Mtg. 8:00p.m. CB8 Office	21	22
23 Capital & Expense Budget Cmte. Mtg. 7:30 p.m. CB8 Office	24*	25	26 Board Meeting Public Hearing 7:30 p.m. Hillcrest Jewish Center 183-02 Union Turnpike	27	28	29
30	31 		* 9/24 			

*" If you have an opportunity to make things better and you don't, then you are wasting your time on Earth."*

– Roberto Clemente