

# Washington Bridge to High Bridge Bike Tour

(4.1 Miles)



**Biketober**

**NYC**

Eric Adams  
Mayor



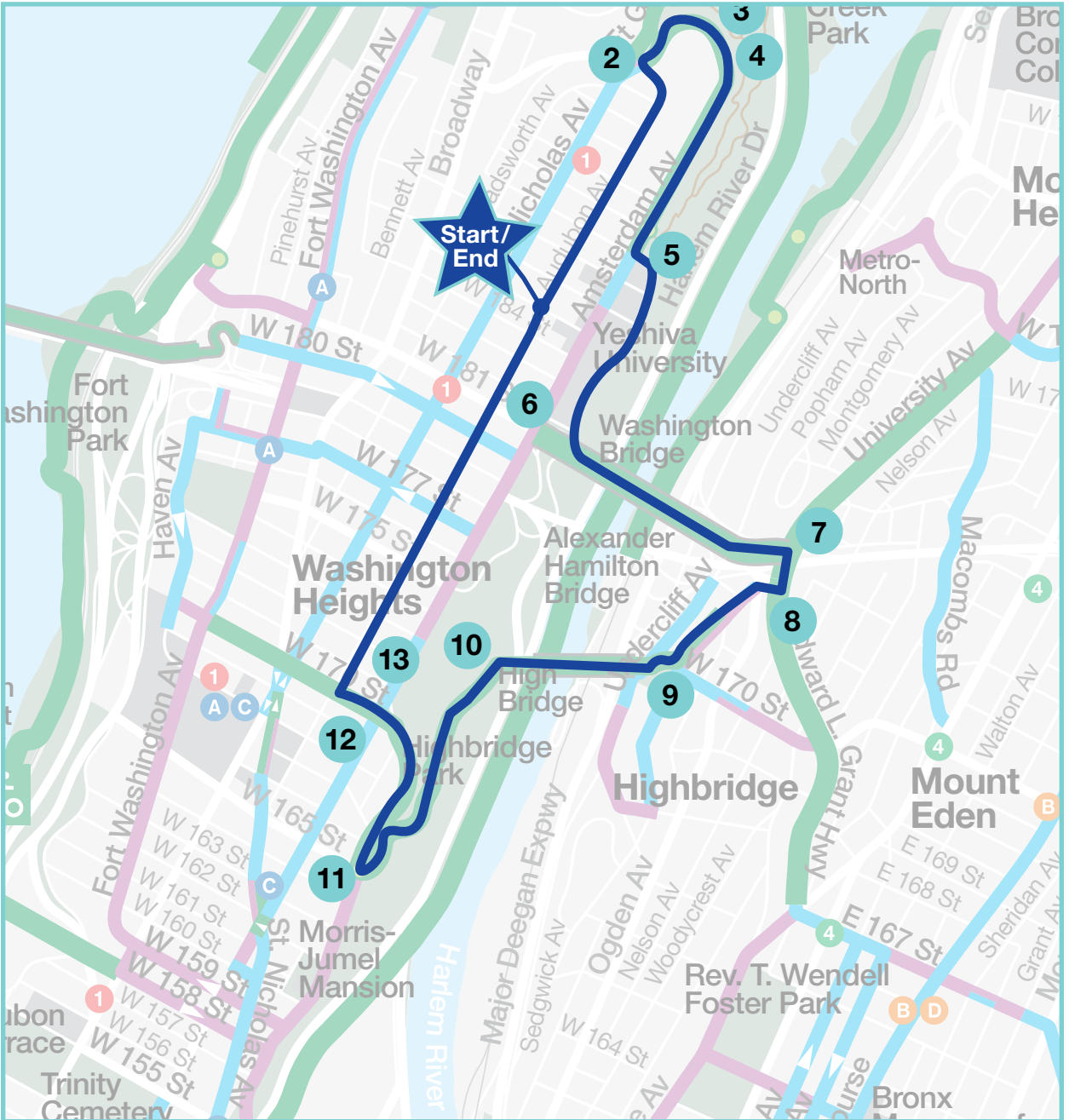
Ydanis Rodriguez  
Commissioner

**Challenge  
Myself**

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**NYC DOT**  
**Guided Ride Details**

## Route Map



### Washington Bridge to High Bridge Bike Tour

In the fall of 2024, NYC DOT added a protected two-way bike path to Washington Bridge linking riders from Washington Heights to the West Bronx – a 24-hour cross-borough connector that complements the nearby High Bridge and adjacent greenway paths. This route starts and ends at the Open Street on Audubon Ave. NYC DOT will continue its work to integrate this link into the Harlem River Greenway. In nearby Inwood just north of this ride, the agency will use a historic \$96 million federal grant to close one of the last major gaps in the Manhattan Waterfront Greenway on 10th Ave., creating a continuous cycling loop around Manhattan.

### About I Challenge Myself (ICM)

Working primarily in the Bronx and Upper Manhattan, ICM provides opportunities for public school students to strengthen their bodies, minds, and spirits through school-based fitness programs. ICM leads group rides and introduces NYC youth to cycling and cross-fitness, helping students develop socially, academically, and physically.

## Cue Sheet

STEP	TURN	NOTES	MILEAGE
1	START	Audubon Ave at 185 St (toward W 186 St)	0.5
2	RIGHT	Fort George Ave	0.1
3	LEFT (CROSS)	Fort George Ave (at light/two-way bike path)	0.1
4	CONTINUE	Amsterdam Ave	0.4
5	LEFT	Laurel Hill Ter	0.4
6	LEFT	McNally Plaza (onto Washington Bridge)	0.5
7	RIGHT	University Ave	0.08
8	RIGHT	University Ave/Dr. Martin Luther King Jr. Blvd	0.2
9	RIGHT	Highbridge Park Plaza (onto High Bridge)	0.3
10	CONTINUE	Highbridge Park (MN)	0.5
11	RIGHT	Edgecombe Ave	0.3
12	LEFT	W 170 St	0.1
13	RIGHT	Audobon Ave	0.7
14	END	Audubon Ave at 185 St	-
			<b>TOTAL: 4.1 MILES</b>