

**WORLD
TRADE
CENTER
HEALTH REGISTRY**



9/11 and Beyond

Spring 2019

9/11 Findings

Depression: 15 Years After 9/11

A study that appears in our 2018 Annual Report shows that depression was more common among Registry enrollees compared with New Yorkers overall.*



Graphics based on 2016 New York City Community Health Survey data.

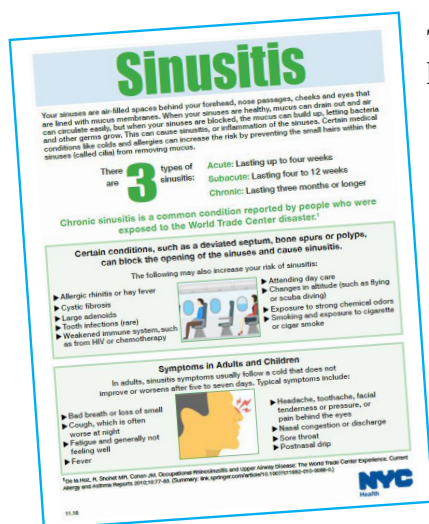
*Jacobson MH, Norman C, Nguyen A and Brackbill RM. Longitudinal determinants of depression among World Trade Center Health Registry enrollees, 14–15 years after the 9/11 attacks. *Journal of Affective Disorders*. 2018;229:483–490.

Victim Compensation Fund



You or a loved one may be eligible for 9/11 compensation from the September 11th Victim Compensation Fund. [Watch Rupa Bhattacharyya](#), Special Master for the September 11th Victim Compensation Fund, guide you through the process.

The Continued Health Impacts of 9/11



The Registry's health materials describe symptoms and treatments for some of the 52 conditions covered by the World Trade Center (WTC) Health Program. In case you missed one or all of the materials, visit nyc.gov/911health and search for **health materials**.

The Art of Remembrance

Many enrollees have channeled their 9/11 experience into art, as a means of therapy and remembering.

How Seattle's Music Scene Reacted to 9/11

By Sascha Garrey, a WTC Health Registry researcher

Many people can remember where they were in 2001 when they first heard the news of the 9/11 disaster. I was in my bedroom in Vancouver, British Columbia, getting ready for school — a ritual involving blaring my favorite song, “Drain You,” by my favorite Seattle-based band Nirvana.



Growing up on the West Coast of Canada, I idolized the sounds that came out of Seattle. The distorted guitars of grunge and the fury conveyed in the scene felt like the externalization of my and my friends' teen angst. However, it was the spirit of community and inclusiveness of the Seattle music scene that really got me hooked.

In response to a restrictive city-wide Teen Dance Ordinance, which all but banned kids under the age of 21 from attending live music shows, a group of students founded the Vera Project, which hosted their first all-ages concert on a small stage in early 2001 and quickly became an institution of the Seattle music scene. And then the 9/11 disaster happened.



Kurt Cobain of Nirvana “A pall was cast over the city of Seattle,” said Greg Brennick, a long-time singer in the Seattle-based band Trial. “It was eerily quiet and no one knew what was going to happen next.”

What followed was a city-wide outpouring of collective emotion, shown in an art form that was and still is signature to Seattle: music.

“After 9/11, people in Seattle's music scene needed one another. We needed to make music. Not just for entertainment, but for expression,” explained Brennick. “People needed culture, so there was far more music heard around Seattle after 9/11. It might not have been a conscious response to the attacks, but maybe a subconscious need for artists in the city to express themselves.”



Sascha in the summer of 2001 “An organization like Vera immediately had more value than just the day before the 9/11 disaster,” said James Keblas, a founding member of Vera, via email. “9/11 was horrific. But from the devastation came a more generous and empathetic time in Seattle for the music and people of Vera to grow.”

The Vera Project continues to be an iconic symbol of the music scene in Seattle.

Mail's Here



We welcome your input! Please reach out to us at wchr@health.nyc.gov or call 866-NYC-WTCR (866-692-9827). Here's a reader letter, responding to our Enrollee Spotlight on Jay Alan Zimmerman from our *Enrollee Community Updates — Winter 2019 E-newsletter*:

I never got in touch with you personally, but your newsletter provoked me to do so. I too have had to get hearing aids since 9/11/2001, which I realized in 2003. I never made the association, since I was [age] 60 that year. Just thought it was “getting old.” Also, I turned my own 9/11 experience into a book, published in 2011, titled, “Balcony View: A 9/11 Diary.”

—Julia N., Paris, France

United We Stand

New York residents can now order a September 11 commemorative license plate (pictured here). The DMV will submit \$25 of the annual fee to support the World Trade Center Memorial Scholarship Fund, which helps children, spouses, and dependents of people who either died or were permanently disabled in the 9/11 disaster and the rescue and recovery efforts. You can order plates from the DMV at dmv.ny.gov, by calling 518-402-4838, or by visiting your local DMV office.



Need Care?

If you're a WTC Health Registry enrollee and think you may have a 9/11-related health condition, call the Registry's Treatment Referral Program at 888-WTC-7848 (888-982-7848). When you call, one of our multilingual staff members will ask you questions about your health conditions. Depending on your needs, eligibility and how you were affected by 9/11, we will refer you to the WTC Health Program for Survivors or the WTC Health Program for Responders.

Resources

The federal WTC Health Program provides monitoring and treatment, including medications for physical and mental health conditions related to 9/11. Services are offered at no cost to you, no matter where you live now. Apply online at cdc.gov/wtc or call 888-982-4748, and we will mail you an application.

