



WORLD
TRADE
CENTER
HEALTH REGISTRY



Winter 2020/2021

Message From the Director

Dear Registry Enrollees,

This was a difficult year, especially with COVID-19 adding to the challenges so many of us already face. The Registry continues our mission to track the health effects of 9/11, and we remain grateful for your ongoing commitment.

We launched the Wave 5 health survey just as the COVID-19 public health emergency hit in March 2020. We were unable to include questions related to COVID-19 because our survey was finalized well in advance of the Wave 5 launch. However, we are planning to launch a COVID-19 survey in the coming weeks. We hope that you will respond to let us know how this public health emergency has impacted you.

You may have noticed that we are issuing this annual report as a quarterly newsletter to keep you up to date. We urge those of you who have not subscribed or provided us with an email address to please do so. Later this year, our annual holiday card is going digital. If you have not provided us with an email address you will continue to receive a card by mail.

We care about your health and well-being. In this newsletter, you will find information on ways to stay in touch with us, how to get care and other resources.

Sincerely,

Mark Farfel, ScD
Director

The Art of the Remembrance



Evan El-Amin / Shutterstock.com

The Tribute in Light originated in 2002 as an art installation to pay respect to the victims and heroes of 9/11. However, it has since become an annual event.

The installation consists of 88 vertical high-power lights positioned in two columns of light representing the Twin Towers. It stands six blocks south of the original towers, on top of the Battery Parking Garage. On clear nights, the lights can be seen from a distance of over 60 miles.

The September 2020 event was originally canceled in response to COVID-19. However, New York State Governor Andrew Cuomo later announced that the state would provide personnel and supervision to allow the tribute to be held as scheduled.

COVERED 100 CONDITIONS

On January 2, 2011, President Obama signed the James Zadroga 9/11 Health and Compensation Act of 2010 into law, which created the WTC Health Program. The Program has been instrumental in providing treatment for specific 9/11-related health conditions and monitoring the physical and mental health of 9/11 survivors. The WTC Health Program presently provides treatment for over 100 physical and mental 9/11-related health conditions. See the full list of covered conditions and more information at cdc.gov/wtc/conditions.

Airway and Digestive Disorders

- Asthma
- Chronic cough syndrome
- Chronic laryngitis
- Chronic rhinosinusitis
- Chronic respiratory disorder
- Gastroesophageal reflux disorder (GERD)



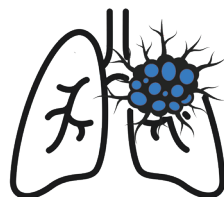
Acute and Traumatic Injuries

- Burn
- Complex sprain
- Eye injury
- Fracture
- Head trauma
- Tendon tear

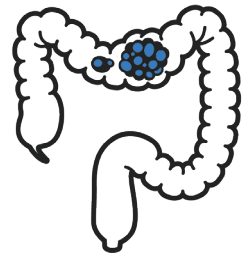
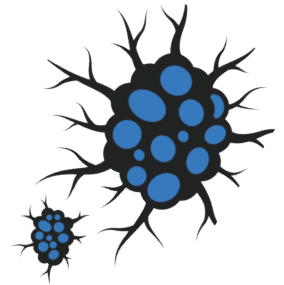


Cancers

- Childhood cancers
- Malignant neoplasms
- Leukemia
- Myeloid leukemia
- Hodgkin's disease
- Non-Hodgkin lymphoma
- Pancreas
- Multiple myeloma
- Lymphosarcoma
- Lymphoid leukemia
- Blood and lymphoid tissue
- Monocytic leukemia
- Malignant plasma cell neoplasms
- Malignant neoplasms of skin
- Respiratory system
- Parotid gland
- Piriform sinus
- Soft tissue



- Mouth
- Tongue
- Oropharynx
- Palate
- Tonsil
- Hypopharynx
- Breast
- Abdomen
- Colon
- Nervous system
- Urinary system
- Bladder
- Kidney
- Renal pelvis
- Ureter
- Thyroid
- Larynx
- Prostate
- Small intestine
- Scalp and neck



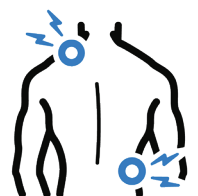
Mental Health Conditions

- Acute stress disorder
- Adjustment disorder
- Anxiety disorder
- Depression
- Panic disorders
- Substance use disorder
- Major depressive disorder
- Generalized anxiety disorder



Musculoskeletal Disorders

- Low back pain
- Carpal tunnel syndrome
- Other musculoskeletal disorders



Victim Compensation Fund



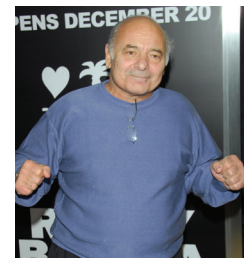
You or a loved one may be eligible for health care, 9/11 compensation or financial assistance. For details, including eligibility, deadlines, registration, filing a claim and links to step-by-step guides,

watch this video at www1.nyc.gov/site/911health/updates/news-videos.page.

Mail's Here



"I survived the North Tower collapse. When my fellow firefighters and I were sitting outside Stuyvesant High School, the actor Burt Young came down and shook each of our hands. He said 'thank you' to each of us, inquiring about our mental health.



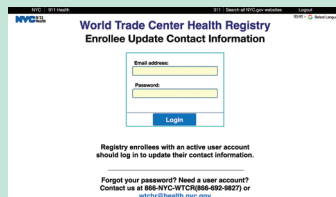
Actor Burt Young / Shutterstock.com

Burt said that when he saw images of 'shell-shocked' firefighters, he felt the need to mobilize and do whatever he could to raise our spirits. He did."

— Al B., retired FDNY Engine 65

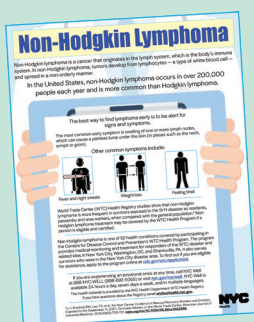
Let's Stay Connected

Many WTC Health Registry enrollees have spent time responding to our surveys, and this information helps us conduct research on 9/11-related health conditions and respond to enrollee health needs. Registry research findings also help inform health care policy, including federal support for the WTC Health Program.



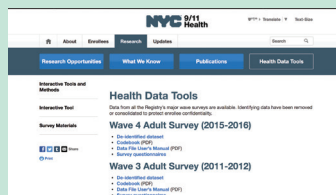
Update Your Contact Information

Go paperless and receive Registry communications via email. To update your contact information, call 866-692-9827, email wchr@health.nyc.gov or visit nyc.gov/911health.



Read Our Health Materials
These informative handouts have become our most popular ways of getting important health information to our enrollees. To view materials and fact sheets about 9/11-related health conditions, including asthma,

GERD and sleep apnea, visit nyc.gov/911health and search for **health materials**.



Use Our Health Data Tools

Data from the Registry's 2004, 2008, 2012 and 2016 surveys, along with other specialized surveys such as asthma, are available for use. The data is de-identified (2011, maintaining enrollee confidentiality).



E-newsletter

Read the Registry's e-newsletter for our latest research findings, 9/11-related news and interviews with fellow enrollees. For details, email wchrletter@health.nyc.gov.

Mission Statement

With ongoing support from the National Institute for Occupational Safety and Health, the Registry continues its mission to:

- Identify and track the long-term physical and mental health effects of 9/11 as well as gaps in care for 9/11-health related conditions
- Share findings and recommendations with enrollees, the public, the WTC Health Program and policymakers
- Respond to enrollee health concerns and refer enrollees to the WTC Health Program
- Offer guidance to public health professionals in planning for future emergencies

To find our e-newsletters in English, Simplified Chinese, Spanish and Traditional Chinese, visit nyc.gov/911health and click on the **Research** tab, then choose **Publications** from the top menu, and select **e-Newsletter** from the drop-down for PDFs.