HAPPY BIRTHDAY!

Stay healthy and make it a good year.

Colon cancer screening, such as a colonoscopy or stool-based test, can detect or prevent cancer.

Speak to your health care provider today to ask:

- *When do I need to get screened, according to my specific risk?*

- *Which test should I get, and how are the tests different?*

Most insurance plans cover screening.

Call **311** for no- or low-cost screening options, or visit **nyc.gov/health** and search for **colon cancer** to learn more.

7.19

NYC
Health

生日快乐！

身体健康，快乐一年。
大肠镜检查或粪便检查等大肠癌筛查可以检查或预防癌症。

立即与您的医疗保健提供者联系，咨询下列问题：
- *根据我的特定风险情况，我需要在何时接受筛查？*
- *我需要做何种检查，这些检查有何区别？*

大多数保险计划均承保筛查费用。

请致电 **311** 了解免费或低廉的筛查选择或访问 **nyc.gov/health**
并搜索 **"colon cancer"**（大肠癌）以了解更多。

7.19 Simplified Chinese

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