

Beat the Heat, NYC!

New York City's sweltering heat wave will push into the weekend with possible record-breaking temperatures. Stay in air-conditioned locations as much as you can, and, if you do need to be outside, keep hydrated. Avoid strenuous physical activity, especially during the Sun's peak hours.

Follow these [tips](#) to help you beat the heat in NYC.



Vet 2 Vet Café: A Discussion on Veterans' Healthcare





Access to good healthcare is one of the most important issues facing Veterans today. There has been a lot of discussion and debate about recent efforts to realign and modernize the [VA healthcare system](#). Proposed changes to the VA health system have raised concerns among Veterans, their families, and allies.

We encourage our Veterans to participate in the [MJHS Health System Vet 2 Vet Café](#) highlighting issues impacting VA healthcare on August 4 from 11:00 am to 12:30 pm.

See flyer below for more details:



There has been much attention and discussion around the recent effort to modernize VA health care facilities. Please join for a timely panel discussion with experts to shed light on the current situation.

SPEAKERS:

James Hendon, Commissioner, NYC Department of Veterans' Services

Joan McInerney, MD, Network Director VISN 2 VA NY/NJ Healthcare Network

Benjamin Pomerance, Deputy Director for Program Development, NYS Division of Veterans' Services

Moderator: Ashton Stewart, Veteran Liaison, MJHS

WHEN: THURSDAY, AUGUST 4TH, 2022 **TIME:** 11:00AM – 12:30PM

All are welcome!

Join Zoom Meeting:

<https://us06web.zoom.us/j/84193548101?pwd=dDYzKzR0cW05eUs3NEphb2VUemhkdz09>

Meeting ID: 841 9354 8101 **Passcode:** 396222

One tap mobile: +1 646 931 3860 US | +1 646 558 8656 US (New York)

RSVP: 917-588-4398 | ashstewa@mjhs.org



Division of
Veterans' Services



DVS Hosts Furniture Build-a-Thon to Help Formerly Unhoused Veterans Furnish Their

New Homes



Volunteers assemble wooden tables and stools at DVS's most recent Furniture Build-a-Thon on Saturday, July 9.

This upcoming weekend Veteran community leaders and volunteers will gather together for a Furniture Build-a-Thon for formerly unhoused Veterans.

The Build-a-Thon will be held on Saturday, July 23, from 9:00 am - 1:00 pm on the JFK High School campus in the Bronx near [W 230th St & Tibbett Ave](#).

A tireless, energetic group of roughly 50 volunteers will make hand carved tables and stools for formerly unhoused Veterans who have moved into permanent housing. Volunteers will use woodworking power tools to build furniture from scratch.

The Furniture Build-a-Thon is a collaborative partnership between the [NYC Department of Veterans' Services](#), the [Fuller Center for Housing of Greater New York City](#), the [Office of New York City Council Member Eric Dinowitz](#), [PenFed Foundation](#), and [U-Haul](#).

Thank you to all our volunteers, sponsors, and partners for serving those who serve us!

For more information, please email norlando@veterans.nyc.gov or call [\(646\) 818-0289](tel:(646)818-0289).

Take a Civil Service Exam for Free!



Joining the civil service is a great way to continue serving your country while earning a respectable living.

Veterans can take [NYC civil service exams](#) for free! Sign up to take an exam today!

See below for current open competitive exam highlights:

Open Competitive Exams

Plan Examiner

Do you have an eye for building plan review and inspections? Veterans interested in a new career as a Plan Examiner can register for the civil service exam until July 26. Click [here](#) to apply to take the exam.

Associate Correctional Counselor

Are you considering a career in corrections? Applications for the Associate Correctional Counselor will be processed until July 26. Click [here](#) to register for the exam.

Lieutenant (Fire)

Servant leadership is a highly effective means of leadership in today's fire service. Applications for the Lieutenant (Fire) will be accepted through July 26. To sign up for the exam, click [here](#).

VetConnectPro: A First-in-the-Nation Employment Tool



[VetConnectPro](#), is a new employment tool designed to help Veterans find employment within NYC government. The platform features a military skills translator that can match your service



experience and Military Occupational Specialty (MOS) to City jobs and civil service exams. Upload your resume and get started today:
nyc.gov/vetconnectpro.

Upcoming Mental Health Programs for Veterans

In addition to [mental health resources](#), see below for upcoming programs for Veterans:

De-Cruit: Performing Health and Well-Being

NYU

DE-CRUIT[®]

We were **recruited** and wired for war, but never **de-cruited** and rewired for society

WHAT IS DE-CRUIT?

DE-CRUIT is a veteran-led, nationally recognized program that uses techniques from theatre arts and verses from Shakespeare to support healthy and productive lives for military veterans

NEXT SESSION IN NYC:
Mondays at 6pm-9pm
JULY 18-AUG 22, 2022

No background in Shakespeare is necessary. We welcome all veterans!

FOR MORE INFO CONTACT: Alisha Ali
at alisha.ali@nyu.edu

EACH PARTICIPANT RECEIVES \$200 FOR COMPLETION OF THE FULL PROGRAM!

[De-Cruit](#) is a Veteran-led program that uses theater techniques to support healthy, productive lives for military Vets. The one-of-a-kind free program pays Veteran participants \$200 for taking the stage.

The program offers Monday night theater art workshops from July 18 to August 22.

For more information, please email alisha.ali@nyu.edu.

Equine Therapy for Military Veterans





The Military Family Wellness Center at [NewYork-Presbyterian Hospital](#) and [Columbia University](#) is providing free equine therapy for Veterans with PTSD. To learn more about the Man O' War project, click [here](#).

To schedule an appointment, please call [\(646\) 774-8104](tel:6467748104) or email anna.fisch@nyspi.columbia.edu.

MST Research Study Participation Opportunity



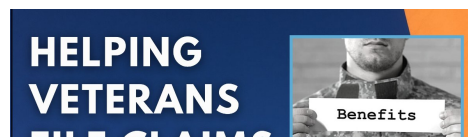
If you are having difficulties related to Military Sexual Trauma (MST), you may be eligible to participate in a research study from [Weill Cornell Medicine](#).

Participants that qualify to be in the study will receive free MST treatment and be compensated for completing assessments (up to \$325). To learn more, please call [\(212\) 821-0783](tel:2128210783).

Programs and Initiatives

Are You Getting the Benefits You Deserve?

The [NYC Department of Veterans' Services \(DVS\)](#) represents NYC Veterans in claims for benefits from the



[U.S. Department of Veteran Affairs.](#)

During a time of economic crisis and high unemployment, we want to ensure that all Veterans get the financial benefits they earned and deserve. To file a claim, fill out the [VetConnectNYC.org](#) form and select **Benefits Navigation** as your preferred service.



To request claims support, visit [VetConnectNYC.org](#).



Mission: VetCheck: An Aid to Veterans

[Mission: VetCheck](#) volunteers make check-in calls to Veterans throughout the five boroughs. Dedicated volunteers provide Veterans with information regarding vital public services, including free meals, information on COVID-19 testing and vaccination sites, and mental health resources. To volunteer with [Mission: VetCheck](#) or request a check-in call, [click here](#).



MISSION:
VetCheck *Let Us Move Forward Together*

Our Fight to End Veteran Homelessness



Over the past five years, our [Housing Support Services \(HSS\)](#) team has found homes for over 1,000 formerly unhoused Veterans. Click [here](#) to learn more about DVS's efforts to end chronic homelessness among Veterans in New York City.

VetBizNYC: Supporting Veteran Entrepreneurship

DVS has launched [VetBizNYC](#), an interactive map that identifies Veteran-owned businesses across the five boroughs. New Yorkers can use our interactive map to find and support Veteran-owned businesses in their community.



VetBizNYC
Online interactive map to find veteran-owned businesses across NYC: [vetbiznyc.cityofnewyork.us](#)

Veterans Voices Project: Changing the Narrative of Veterans



Administered by the [NYC Department of Veterans' Services](#), the [Veteran Voices Project \(VVP\)](#) is an oral history initiative designed to preserve the stories of New York City's Veterans across all military branches and service areas. For more information, visit [nyc.gov/vetvoices](#).

Contact Us

- Complete the services request form at [vetconnectnyc.org](#)
- [Message the Commissioner](#)
- [Partner with DVS](#)
- [Press Inquiries](#)

Stay tuned on our website [www.nyc.gov/vets](#) and social media platforms [@nycveterans](#), or via email at [connect@veterans.nyc.gov](#).



New York City Department of Veterans' Services
1 Centre Street, Suite 2208
New York, NY 10007
(212) 416-5250
[www.nyc.gov/vets](#)

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).