



**Department of Veterans' Services**

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For Questions, Comments, and Concerns Please CALL or EMAIL:

212-416-5250

connect@veterans.nyc.gov

# VA Mental Health Resources

[www.nyc.gov/vetwellness](http://www.nyc.gov/vetwellness)

Sometimes life is tough.  
The Veterans Crisis Line can help.



Visit our wellness webpage

## VetConnectNYC

NYC Veterans are able to connect to services from our partner organizations through the VetConnectNYC platform. Our Care Coordinators receive all requests made through VetConnectNYC and process them within 3-5 business days. Visit [nyc.gov/VetConnectNYC](http://nyc.gov/VetConnectNYC) to learn more.

## VA Vet Centers

VA Vet Centers provide a range of social and psychological services, including readjustment counseling to eligible Veterans and active duty servicemembers. Vet Center services are also provided to family members of Veterans and servicemembers for military-related issues when they aid in the readjustment of those who have served. VA Vet Center services are provided at no cost and do not require someone to be enrolled in VA health care or have received care for conditions caused by military service. Services are also provided regardless of the nature of the Veteran's discharge status.

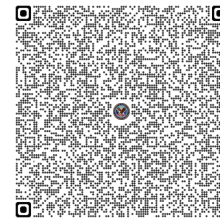
### Find a VA Vet Center



### VA's Mental Health Website



### The VA App Store



## VA Women Veterans Call Center

This support line helps Women Veterans navigate the VA and connects them with the Women Veterans Program Manager at their local VA medical center. The service is free and confidential.



## VA Caregiver Support Line

This support line is a toll-free number that provides information on services available to those caring for Veterans. Caregivers are also connected to a Caregiver Support Team at their local VA center.



## Make The Connection.net



MakeTheConnection.net provides information, resources, and videos for challenging life events and experiences with mental health issues. Developed and operated by the VA, Make the Connection aims to reduce barriers and stigma associated with mental health challenges that may prevent Veterans from seeking mental health care.